

# The Options Program

A Habilitational, Educational and Social Program for Adults with Developmental Disabilities.  
A program of Fitzmaurice Community Services, Inc.  
Funded by the Carbon-Monroe-Pike MH/MR Program and by community contributions.

June 2009

Volume 9, Issue 6

Director of  
Habilitation Services  
Debbie Smith

Habilitation Specialist  
Patti Dobson

#### The Options Program Advisory Board

Lynnette Armagost  
Patti Dobson  
Emma Furiosi  
Dale Kerzmann  
John Nevil  
Scott Kane  
Debbie Smith  
Polly Werkheiser  
Mary Patty Williams



## Don't Forget!



For safety purposes it is very important that all participants remember to bring their Options Program ID card with them to ALL activities.

If you do not have one or misplaced the one that you were given, please contact Patti or Debbie and we will issue you another one.



## Happy Birthday!

Famous Birthdays in June!


1st: Marilyn Monroe


5th: Mark Wahlberg (Marky Mark)

17th: Barry Manilow


22nd: Meryl Streep




 This symbol next to an activity means that smoking is limited to specific areas.

 This symbol next to an activity means it is geared towards those consumers that are able to walk around independently (without supervision).


## *June June June June June June June June June June June June June*

 **1st: Wilkes-Barre/Scranton Yankees Game:** Monday. Game starts at 11am. **Cost is \$11.00** and you can bring a bag lunch with a juice box or pouch but **NO** bottles can be brought into the stadium. You must bring money (\$10.00 or more) if you want to buy a drink or a meal.



 **2nd: Bowling:** Tuesday from 10:30am-12:30pm at Sky Lanes in East Stroudsburg at Routes 209 & 447. **Cost is \$2.00! Be sure to bring a bag lunch & drink. Bring extra money for snacks from the vending machines.**



 **3rd: Walking Group:** Wednesday from 9am - 12pm at the Snydersville Track off of Manor Drive behind the Monroe County Recreation building. **Bring a bag lunch and drink. You can also bring \$2.00 to buy a snack at Schoch's. Be sure to wear sneakers that have ankle support and workout clothes.**



 **4th: Lunch :** Thursday at 11:30am at Applebees at the Wilson Exit off Route 248 past Walmart on the left. **(Free but limited to the first 20 people to sign up)**



**5th: Garage Sales:** Friday, We will get an early start at 8am to look for bargains. **Be sure to bring money for shopping and to stop for lunch** (about \$6.00 at a fast food restaurant).



 **8th: Breakfast :** Monday at 9:30am at Perkins on West Main Street (Route 209) in Stroudsburg. **Cost is \$6.00.**




**9th: Softball Game and BBQ:** Tuesday from 10am - 1pm at Dansbury Park in East Stroudsburg. We will play softball and have a BBQ. **Cost: Please donate 1 bag of chips or cookies. Be sure to bring any bats, balls, gloves, etc and label them with your name.**




**10th: Walking Group:** Wednesday from 9am - 12pm at the Snydersville Track off of Manor Drive behind the Monroe County Recreation building. **Bring a bag lunch and drink. You can also bring \$2.00 to buy a snack at Schoch's. Be sure to wear sneakers that have ankle support and workout clothes.**



 **11th: Astolat Farm:** Thursday, Visit Duane and Pamela's farm in Effort. Feed the animals, walk through an English garden, picnic and maybe do a craft. 10:30am- 1pm. **Cost is free. Bring a bag lunch and drink.**



 **12th: Camelbeach:** Friday in Tannersville from 11:00am to ????. **Cost is \$18.00 per person. Bring a lunch or bring money for lunch, about \$15-\$20. Wear your swimsuit and bring a towel and change of clothes.**



CONTINUED ON NEXT PAGE

*June June June June June June June June June June June June June*

☑ **15th: Bingo:** Monday from 10am - 1pm at the Chestnut hill Parks building on Route 715 in Brodheadsville. **Cost is \$1.00. Bring a bag lunch and drink.** Snacks will also be served



☑ **16th: Walking Group:** Tuesday from 9am - 12pm at the Snydersville Track off of Manor Drive behind the Monroe County Recreation building. **Bring a bag lunch and drink. You can also bring \$2.00 to buy a snack at Schoch's. Be sure to wear sneakers that have ankle support and workout clothes.**



☑ **17th: Crafts in the Park:** Wednesday from 10am—1pm at Brodhead park off of Route 191 in Stroudsburg. **Bring a bag lunch and drink. Cost is \$3.00**



☑ **18th: Bowling:** Thursday from 10:30am-12:30pm at Sky Lanes in East Stroudsburg at Routes 209 & 447. **Cost is \$2.00! Be sure to bring a bag lunch & drink. Bring extra money for snacks from the vending machines.**



☑ **19th: Lunch & Movies:** Friday at Regal Cinemas off of Route 33 at the Route 248 Wilson Exit. **Please call Patti the day before to find out what time the movie starts. We usually see the movies that start around 12pm. Cost is \$6.00 per person. We will eat lunch at Burger King at 11am before the movie, so you will need about \$6.00- \$7.00. Please do not bring outside food or drinks inside the movie theatre.**



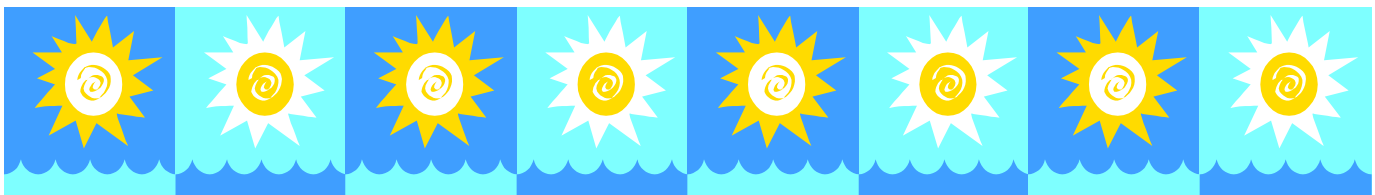
☑ **22nd: Swimming:** Monday at the Stroudsburg Pool from 12pm to ????. **Bring a bag lunch to eat in the pool's picnic area and bring money for their snack bar. Cost for admission is \$3.00. You must wear a swimsuit to be able to swim at the pool.**



☑ **23rd: Lunch :** Tuesday at 11:30am at Crackerbarrel in Fogelsville at Routes 78 & 100. **Cost is \$2.00 for the tip and space is limited.**



☑ **24th: Walking Group:** Wednesday from 9am - 12pm at the Snydersville Track off of Manor Drive behind the Monroe County Recreation building. **Bring a bag lunch and drink. You can also bring \$2.00 to buy a snack at Schoch's. Be sure to wear sneakers that have ankle support and workout clothes.**



---

**The Options Program**

2115 North 5th Street

Stroudsburg, PA 18360

570-213-4332

570-424-5228 fax

1-800-289-8980 x4332

dasmith@fitzmaurice.org

pdobson@fitzmaurice.org

---

## Important Information

Please remember that many activities have limited space. So, the sooner you call to sign up for activities the better chance you have for reserving your spot.

Who do you call? You can call 570-213-4332 for Debbie. Please leave a message stating the activities you want to sign up for if she is not there. Be sure to leave your name and phone number in case a call back is necessary. If you have TRANSPORTATION questions or need to CANCEL then please call Patti at 570-213-4336.