



# Mother's Day Gift Guide

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PART 2



## Candles? Can do!

In an ideal world, where everything is peaceful and quiet and relaxing, aromatherapy is touted as a method to promote health and well-being. But, really, how often do busy moms get to live in an ideal world?

A spa treatment may be part of that whole ideal deal, but here's a home alternative to mood-improving inhalants – hey, we're just talking scented candles here.

With so many options to consider they are difficult to narrow down, but the refreshing fragrance of soy candles may be the ticket.

\$8 to \$20

[Check price and buy now!](#)