

# NOVEMBER 2013

## GRACE PARK, SENIORS LIVING WELL...

<h1>NOVEMBER 2013</h1> <h2>GRACE PARK, SENIORS LIVING WELL...</h2>						<p>10:00 Senior Workout 1 10:45 Cooking Class 1:45 Antique Mall 2:00 Afternoon Movie 3:00 Reading for Fun 3:30 Concentration Puzzles 4:00 Operation Gratitude <b>Community Project</b></p>	<p>2 10:00 Senior Workout 10:45 Board Games 1:30 Jokes &amp; Riddles 2:00 Music by TOM V. 3:30 Pictures &amp; Facts White tail Deer 4:15 Book of Virtues</p>
<p>3 10:00 Senior Workout 10:45 Treasure Tales 11:15 Daily Inspiration 1:30 Fact or Fiction? 2:00 Christian Service 2:30 Chicken Soup for the Soul 3:15 Artistic Painting <small>Daylight Saving Time Ends</small></p>	<p>4 10:00 Senior Workout 10:45 Kmart 1:30 Craft Lesson 2:00 Craft Project 2:00 Bridge 3:30 "The Secret" (Joy, health, love, &amp; happiness) </p>	<p>5 10:00 Senior Workout 10:45 Grace's Book Club 11:00 Tuesday Trivia 1:45 Uplift your Spirit 2:30 Graceful Exercise Chair Volleyball 3:00 Cocktail Hour Music by Hal 4:00 One on One</p>	<p>6 10:00 Senior Workout 10:45 Current Events 11:15 Sorrenti's 1:45 Mind Bogglers 2:00 Word Search 2:30 Dominoes 3:00 Craft Lesson 3:30 Craft Project</p>	<p>7 10:00 Senior Workout 10:45 From the Heart With Marilyn 1:30 Nature Inspirations 2:30 Graceful Exercise Parachute Game 3:00 Cocktail Hour Sing along with Denise 4:00 One on One</p>	<p>8 10:00 Senior Workout 10:45 Cooking Class 1:45 Visiting Memorials 2:00 Afternoon Movie 3:00 Reading for Fun 3:30 Cross word Puzzle 4:00 Operation Gratitude <b>Community Project</b></p>	<p>9 10:00 Senior Workout 10:45 Board Games 1:30 Jokes &amp; Riddles 2:30 Bingo 3:45 Pictures &amp; Facts-Koala Bear 4:15 Manicures</p>	
<p>10 10:00 Senior Workout 10:45 Treasure Tales 11:15 Daily Inspiration 1:30 Fact or Fiction? 2:00 Christian Service 2:30 Chicken Soup for the Soul 3:15 Artistic Drawing</p>	<p>11 10:00 Senior Workout 10:45 Target 1:30 <b>Thanking our Veterans</b> 2:00 <b>Patriotic Sing along</b> 2:00 Bridge 3:30 <b>"Rediscovering God in America"</b> <small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>12 10:00 Senior Workout 10:45 Reading For Fun  11:00 Solitaire 3:00 Cocktail Hour Music by Kris</p>	<p>13 10:00 Senior Workout 10:45 Pastor McGee-Teaching the Bible 11:15 Sarah Street Grill 1:45 Mind Bogglers 2:00 Word Search 2:45 Bookmobile 3:00 Craft Lesson 3:30 Craft Project</p>	<p>14 10:00 Senior Workout 11:00 Reminisce 1:30 Card Games 2:30 Graceful Exercise Chair Dancing 3:00 Cocktail Hour Sing along with Denise 4:00 One on One</p>	<p>15 10:00 Senior Workout 10:45 Cooking Class 1:45 Country Kettle 2:00 Afternoon Movie 3:00 Reading for Fun 3:30 Unscramble Words 4:00 Operation Gratitude <b>Community Project</b></p>	<p>16 10:00 Senior Workout 10:45 Board Games 1:30 Jokes &amp; Riddles 2:30 Bingo 3:45 Pictures &amp; Facts-Kangaroo 4:15 Book of Virtues</p>	
<p>17 10:00 Senior Workout 10:45 Treasure Tales 11:15 Daily Inspiration 1:30 Fact or Fiction? 2:00 Christian Service 2:30 Chicken Soup for the Soul 3:15 Artistic Craft</p>	<p>18 10:00 Senior Workout 10:45 Dollar Store 1:30 Craft Lesson 2:00 Craft Project 2:00 Bridge 3:30 "Welcome the Rain" </p>	<p>19 10:00 Senior Workout 10:45 Grace's Book Club 11:00 Tuesday Trivia 1:45 Uplift your Spirit 2:30 Graceful Exercise Dart Toss 3:00 Cocktail Hour Music by James H. 4:00 One on One</p>	<p>20 10:00 Senior Workout 10:45 Current Events 11:15 Long Horn 1:45 Mind Bogglers 2:00 Word Search 2:30 X &amp; O's 3:00 Craft Lesson 3:30 Craft Project</p>	<p>21 10:00 Senior Workout 10:45 From the Heart With Marilyn 1:30 Devotions with Essie 2:30 Graceful Exercise Healthy Stretches 3:00 Cocktail Hour Sing along with Denise 4:00 One on One</p>	<p>22 10:00 Senior Workout 10:45 Cooking Class 1:45 Casino - Mt Airy 2:00 Afternoon Movie 3:00 Reading for Fun 3:30 Unscramble Words 4:00 Operation Gratitude <b>Community Project</b></p>	<p>23 10:00 Senior Workout 10:45 Board Games 1:30 Jokes &amp; Riddles 2:30 Bingo 3:45 Pictures &amp; Facts-Skunk 4:15 Manicures</p>	
<p>24 10:00 Senior Workout 10:45 Treasure Tales 11:15 Daily Inspiration 1:30 Fact or Fiction? 2:00 Christian Service 2:30 Chicken Soup for the Soul 3:15 Artistic Water Colors</p>	<p>25 10:00 Senior Workout 10:45 Walmart 1:30 Craft Lesson 2:00 Craft Project 2:00 Bridge 3:30 TOWN MEETING </p>	<p>26 10:00 Senior Workout 10:45 Reading For Fun 11:00 Tuesday Trivia 1:45 Uplift your Spirit 2:30 Exercise-Basket Ball 3:00 Cocktail Hour Music by Ronnie &amp; Jerry 4:00 One on One</p>	<p>27 10:00 Senior Workout 10:45 Current Events 11:15 Arlington Diner 1:45 Mind Bogglers 2:00 Solitaire 2:45 Bookmobile 3:00 Craft Lesson 3:30 Craft Project</p>	<p>28 10:00 Senior Workout 11:00 Reminisce : Giving Thanks 1:30 Thanksgiving, Turkey Word Game 2:00 Family Movie  <small>First Day of Hanukkah Thanksgiving Day (US)</small> </p>	<p>29 10:00 Senior Workout  <b>Decorate for Holidays-Hot Chocolate &amp; Fresh Homemade Cookies</b></p>	<p>30 10:00 Senior Workout 10:45 Board Games 1:30 Jokes &amp; Riddles 2:30 Bingo 3:45 Pictures &amp; Facts-Black Bear 4:15 Manicures</p>	

Please Sign up Early for all Outside Excursions...Contact Karen Bruch, Director of Arts and Entertainment for Questions or Concerns. (YOU CAN'T BLOOM in YOUR ROOM)