



## Gordon Research Institute

Boost immune function  
and kill cancer cells  
with High dose *oral*  
Vitamin C

Using Curcumin, the  
"spice for life" instead  
of toxic Chemo

Natural hormone  
replacement therapy  
with Pueraria mirifica

Advanced  
detoxification with  
Oral Chelation Therapy

Energy Medicine – The  
Missing Link in healing  
and disease prevention

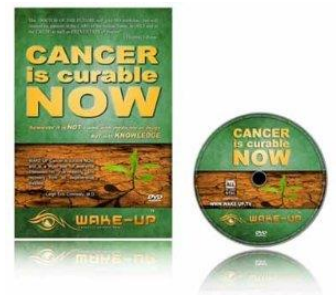
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# Dr. Gordon's Special Report on Alternative Cancer Resolutions

Cancer is preventable, treatable *and* reversible! Anyone treating Cancer patients with alternative approaches needs to keep fully informed of the good things you can legitimately offer to every cancer patient at any stage of the disease.

Marcus Freudenmann is the founder of MaxAwareness, a private research and education resource that "aims to be the first and foremost in providing world leading resources, information and education in regards to Alternative, Holistic, Integrative, Complementary and Spiritual cancer treatments." Embarking on a 3-year journey around the world, Marcus interviewed 31 of the world's leading experts, doctors and oncologists about better possibilities for preventing and treating cancer and disease. He has released this life-saving wealth of information on a DVD entitled "Cancer is Curable Now". This inspirational and "must-have" resource teaches us how to help the body achieve and maintain the best possible health, prevent disease and heal from cancer.

Many leading integrative physicians and health care professionals are recommending this DVD for their patients and families. Dr. Robert Rowan, author of 'Second Opinion Newsletter', along with his wife, Dr. Terri Su, say that "'Cancer is Curable Now is the best video on the subject we have seen", and "we will share this video with all of our cancer patients".

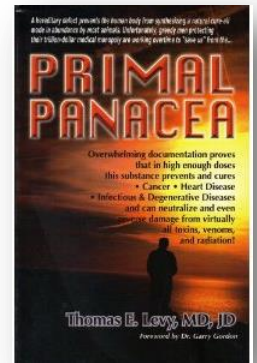


Kent L. Pomeroy, MD, MD (H), says "I am personally and professionally grateful [for those] who put together and presented the information in the DVD, 'Cancer is Curable Now'. The knowledge and enthusiasm of each speaker inspired me to do a better job of curing my own cancer".

These resources and others, along with my  
F.I.G.H.T. For Your Health program,  
are truly helping to stem the tide of cancer today!

## BioEn'R-G'y C – High dose vitamin C delivery system providing a Bright Spot for a Bright Future!

Most of us have heard about the benefits of taking extra vitamin C, and over seventy percent of Americans are known to purchase some Vitamin 'C' supplementation. I have recently had the distinct privilege of being asked to write a forward to a book about Vitamin C entitled 'Primal Panacea', by expert cardiologist and esteemed colleague, Dr. Thomas E. Levy, MD, JD. For years I have highly prized Dr. Tom Levy's significant scientific contributions regarding the miraculous healing powers of Vitamin C. I have heavily relied upon and referenced his previous book "Curing the Incurable: Vitamin C, Infectious Diseases and Toxins" Levy (with over 1200 scientific references) for many years in treating patients and teaching practitioners all over the world.



Vitamin 'C' is not just a nutrient, it is also a detoxifier or 'chelator'. I have been called the father of chelation therapy by helping to develop oral chelation products and protocols using a weak organic acid known as EDTA (Ethylenediaminetetraacetic acid), and have chelated over ten million people as an alternative method of dealing with heart disease. Vitamin C is another weak organic acid (ascorbic acid) and is also a chelating substance.

The right dose and formulation of Vitamin C will stop every infection in its tracks, without needing to use antibiotics, and with no detrimental side effects.



The Vitamin C that I recommend is BIOEN'R-G'Y C. It is a unique, high-potency, powdered form of Vitamin C that I developed with Longevity Plus. It is specially formulated with GMS-Ribose for increased tolerability and better absorption. Since plasma Vitamin C levels must be kept higher (100 mg/dl), I encourage the use of test strips called VitaChek C that easily help verify the maintenance of optimal levels of Vitamin C in our bodies. These strips can be used at home or work, or anywhere when you have to urinate. The special colored tab on the end of the strip, when exposed to Vitamin C, will change from dark green to yellow. The brighter the yellow color on the tab, the higher your levels of Vitamin C are.

I have patients who have seen near miraculous recoveries from illnesses using the right formulation of vitamin C, at the adequate, higher doses that are now recommended. Those that keep the urine test strip in the yellow 24/7 have the best outcome in most conditions, which is why we say it is a BRIGHT SPOT test and those that learn to keep their urine vitamin C levels high will have a BRIGHTER FUTURE. I suggest you make BioEn'R-G'Y C and the VitaChek C urine stick test, a part of your daily health regimen to ensure you are keeping your Vitamin C levels in the optimum range.

### Curcumin Instead of Chemo?

Dr. Bharat B. Aggarwal, PhD, who is Professor of the Department of Experimental Therapeutics, Division of Cancer Medicine, at The University of Texas M.D. Anderson Cancer Center in Houston, and an expert in the ancient tradition of Ayurveda, has published dozens of scientific articles documenting the efficacy of natural herbs and spices in the treatment of disease, especially the popular indian spice turmeric, or curcumin.



Dr. Aggarwal shows how all cancer therapies should include high quality absorbable curcumin, as it provides the same effects as standard chemo does! Curcumin has been shown to exhibit antioxidant, anti-inflammatory, antiviral, antibacterial, antifungal, and anticancer activities and thus has a potential against various malignant diseases, diabetes, allergies, arthritis, Alzheimer's disease, and other chronic illnesses. These effects are mediated through the regulation of various transcription factors, growth factors, inflammatory cytokines, protein kinesis, and other enzymes.

Curcumin exhibits activities similar to recently discovered tumor necrosis factor blockers (e.g., HUMIRA, REMICADE, and ENBREL), a vascular endothelial cell growth factor blocker (e.g., AVASTIN), human epidermal growth factor receptor blockers (e.g., ERBITUX, ERLOTINIB, and GEFTINIB), and a HER2 blocker (e.g., HERCEPTIN). Considering the recent scientific bandwagon that multi-targeted therapy is better than monotargeted therapy for most diseases, curcumin can be considered an ideal "Spice for Life".



### **Pueraria mirifica: Nature's Safe Alternative to Estrogen Therapy**

Over the years, prescription and various herbal remedies have come and gone. Most have proven either too ineffective or too dangerous to be worth the risk. Sadly, many women continue to suffer needlessly due to the mainstream media's scare-tactic reporting about the serious and sometimes fatal side effects caused by hormone replacement therapy. It is true that most women will not enjoy optimal health after menopause or reach their maximum intended lifespan without hormonal support, and far too many physicians are *under*-informed about estrogen supplementation and the risks of heart disease and breast cancer. I am here to tell you that healthy aging and all-natural, safe and effective hormone replacement support is possible!

In Thailand, women have been finding relief from the symptoms of menopausal change for hundreds of years. They have found this relief in preparations from the root of a flowering plant that grows in abundance in their region. That plant is *Pueraria mirifica*, or Thai Kudzu. *Pueraria mirifica* belongs to the same family of legumes that includes soybeans and peas, and contains a bounty of natural chemical compounds that foster good health. Most fall into a category called "phytoestrogens." These naturally occurring chemical compounds have structures which are similar to estrogen.



*Pueraria mirifica* has been found to suppress the gene linked to prostate cancer, and inhibit the growth of breast cancer cells! It is unique in that it is the only plant to contain a special phytoestrogen called 'miroestrol' that is extraordinarily similar in structure and function to a type of estrogen called estriol. Clinical trials have shown no links between estriol and cancer, and women who have taken it reported few side effects compared with those who took estradiol or estrone as hormone replacement therapies. It is safe enough to use even in known breast cancer patients that are ER positive.



Approved as a food supplement by the FDA, Puresterol (Miroestrol) is available from Longevity Plus, LLC in supplement form as H.R.T. Plus (Herbal Remedy from Thailand). H.R.T. Plus has been documented in extensive research to safely eliminate all menopause related symptoms while actually providing anti-cancer protections for the breast and other tissues.

It is a S.E.R.M. Beta (Selective Estrogen Receptor Modulator of the Beta receptor), and provides favorable effects throughout the entire body. It protects against bone loss, depression, insomnia, hot flashes, vaginal dryness and loss of memory. In my experience, there is no comparison between the minimal effects of traditional herbals like Black Cohosh, Red Clover or Soy, and the dramatic benefits I have seen in my patients receiving Puresterol in H.R.T Plus.

## Detoxification with Oral Chelation Therapy

Today we have so many toxins built up in our bodies, that they are unable to detox naturally. Chronic preventable diseases are now the world's leading cause of mortality. In today's toxic world, where no one is safe from toxins and environmental pollutants, the ability of the body to detoxify is extremely essential to one's health. Toxins damage the immune system and inhibit our natural ability to heal. Toxins are the single, most common, underlying factor contributing to ALL diseases. Chelation therapy is a detoxifying process used to rid the body of poisonous toxins and heavy metals like arsenic, lead and mercury, or organic pollutants like BPA, PBDE's, Teflon, dioxins and pesticides. A chelating agent, such as Ethylenediaminetetraacetic acid (EDTA), which is a synthetic amino acid, molecularly binds to and traps the toxin, causing it to become inert while it is safely excreted from the body.



We have around 1000 times as much lead in our bodies as our ancestors did a few hundred years ago, and there is NO safe level of lead or mercury. A lifetime detoxification program is needed by everyone. Bones take an average of 15 years to remodel, and IV chelation will not pull the lead out of bones. Therefore, we must take protective steps *everyday* to prevent the lead and other heavy metals stored in our bones and tissues from leaching into other tissues like our heart, brain and eyes. My daily oral chelation protocol helps to rid our bodies of toxic lead, while preventing more lead from getting in.

I developed my chelating vitamin/mineral formula based upon Dr. Morrison's Institute Formula, only with calcium EDTA added. It is called Beyond Chelation Improved, or BCI. BCI is a regimen of nine capsules that includes three very powerful mineral/vitamin tablets, three Essential Daily Defense capsules - which is a combination of EDTA, Garlic, and sulfated mucopolysaccharides from Carrageenan, one Omega-3 capsule, one 1300 mg capsule of Primrose Oil, and one capsule containing Ginkgo Biloba and Phosphatidylserine.

In addition to my BC-I formula, I always recommend using my detoxifying Power Drink with FIBER and ZEOLITE, to trap the lead and toxins that would otherwise get reabsorbed back in the body.

## Energy Medicine – The Missing Link in Healing and Disease Prevention

Electricity and magnetism are vital to life. Every living organism has evolved on this planet under the influence of electro-magnetism, and our bodies are intensely responsive to these signals. It stands to reason then, that in order for our bodies to operate optimally, we need the proper type and intensity of electro-magnetism, just like we need the proper types of healthy food, clean water, clean air, and exposure to sunlight. NASA reports that our Earth's magnetic field is collapsing rapidly, as we go into the time of Earth changes. Without a magnetic field, there is no life, and the experts believe that the earth's electromagnetic field has dropped from nearly 30 Gauss at the time of dinosaurs to 0.3 Gauss today. A deficiency of electro-magnetism in the body is like the body running out of oxygen. Almost everyone today is operating at far below their true potential. Coupled with our toxic environment, I believe this is one of the major reasons why we are experiencing the endemic levels of chronic pain and diseases today. Although the use of electricity and magnetism has been traditionally used by many cultures for thousands of years, it was long discarded by westernized medicine, until now. Magnetic therapy restores what earth changes have depleted, the vital electromagnetic energy needed to produce optimal health.





Scientific studies have documented the effects of physical activity on cellular function, and we know exercise has many health benefits. But often people are unable to exercise due to conditions like fatigue, chronic pain, disease and/or physical disability. The Pulse4Life uses pulsed electro-magnetic frequencies, which affects our mitochondria and cellular function in the same manner as regular, physical exercise – only without any fatigue or muscle and tissue trauma. This therapy allows everyone to experience the benefits of exercise, safely and comfortably, even those who are ill or confined to a wheel chair.

In clinical studies, PEMF has been shown to reduce pain and inflammation, improve tissue oxygenation, increase cellular energy production and detoxification, and stimulate the body's own stem cell production. PEMF is used to treat various cancers through facilitation of cellular alkalinity and apoptosis. PEMF demonstrates amazing results in the treatment of mood disorders and depression, as well other neurological disorders like Autism, Alzheimer's disease, Multiple Sclerosis and Parkinson's disease. PEMF has even been documented to completely *reverse* a case of advanced coronary artery disease.

PEMF devices, similar to the Pulse4Life, have been FDA approved to treat conditions like non-healing bone fractures, depression, and even brain cancer! Many of the machines in use in top U.S. medical universities and hospitals are stationary and cost prohibitive, but the portable model that I use is an affordable *exercise assist* that provides amazing results, through cellular membrane 'bioporation', increased alkalinity, autophagy, and detoxification.



Energy medicine is one of the most exciting new developments in health and longevity, and in my opinion, represents a "missing link" in successful treatment and healing. I have found useful answers that are dramatically improving my health, and anyone I treat, through the combination of my F.I.G.H.T. For Your Health program, and the latest in Energy Medicine modalities such as pulsed electro-magnetic frequency (PEMF), Tesla-based electro-muscle stimulation, low level lasers, magnetic sleep pads, and more.

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*Dr. Garry Gordon is an internationally recognized expert on chelation therapy and ANTIAGING MEDICINE. He offers fee-based telephone consultations from his offices in Arizona. Dr. Gordon is dedicated and passionate about educating doctors and patients of the harmful and devastating effects of environmental pollution and provides documented alternatives for any health condition. He wants everyone to feel as good as he does as age 78, having restored himself to optimal health in spite of suffering from serious illnesses for most of the first 30 years of his life, including genetic heart disease.*

For more information about Dr. Garry Gordon's F.I.G.H.T. For Your Health program, or any of the supplements and protocols mentioned here, please visit the Gordon Research Institute web site at [www.gordonresearch.com](http://www.gordonresearch.com), or call Longevity Plus toll free 1-800-580-7587.



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