

A Bright Spot for a Brighter Future

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Most of us have understood the benefits of taking extra Vitamin ‘C’ and over seventy percent of Americans are known to purchase some Vitamin ‘C’ supplementation. I have recently had the distinct privilege of being asked to write a forward to a book about Vitamin C entitled ‘Primal Panacea’, by expert cardiologist and esteemed colleague, Dr. Thomas E. Levy, MD, JD.

For years I have highly prized Dr. Tom Levy’s significant scientific contributions regarding the miraculous healing powers of Vitamin C. I have heavily relied upon and referenced his previous book “Curing the Incurable: Vitamin C, Infectious Diseases and Toxins” for many years in treating patients and teaching practitioners all over the world. Through the extensive published literature compiled by Dr. Levy (with over 1200 scientific references), many now know which forms and in what dosages Vitamin ‘C’ is the most beneficial – proving that the accepted daily requirements of Vitamin ‘C’ are far too low for maintaining healthy cellular function and fighting off infections.

Of course mainstream medicine and the media, under the control of the FDA and their pharmaceutical company “clients”, are continually trying to find ways to control our health care options and limit our access to foods and natural supplements all in the name of “public safety”. They are doing everything in their power to keep things like Vitamin ‘C’ and other natural, affordable forms of self-treatment from being routinely used as the first line of response to any health issue we encounter. For instance, the FDA and Illinois Senator Dick Durbin (D) have introduced yet another bill – the Dietary Supplement Labeling Act of 2011 (S.1310) – specifically designed to suffocate the nutritional supplement industry through ridiculous labeling and redundant notification requirements.

We must all learn what we can do to help ourselves deal with the myriad of health care problems we encounter, from minor accidents to the antibiotic resistant infections that kill over 100,000 each year. High doses of oral and intravenous Vitamin ‘C’ (taken orally in daily dosages of 4 to 20 or more grams a day and when needed, intravenously in doses of 30 to 200 or more grams a

day) have been proven to help deal with some of our most challenging chronic and acute health problems. Vitamin 'C' is not just a nutrient, it is also a detoxifier or 'chelator'. I have been called 'the father of chelation therapy' helping to bring a different weak organic acid, ascorbic acid (vinegar) in the form of EDTA to the world, and have chelated over ten million people as an alternative method of dealing with heart disease. Vitamin C is another weak organic acid (ascorbic acid) and is also a chelating substance. The right dose and formulation of Vitamin C will stop every infection in its tracks, without needing to use antibiotics, and with no detrimental side effects.

The Vitamin C that I recommend is BIOEN'R-G'Y C. It is a unique, high-potency, powdered form of Vitamin C that I developed with Longevity Plus. It is specially formulated with GMS-Ribose for increased tolerability and better absorption. Since plasma Vitamin C levels must be kept higher (100 mg/dl), I encourage the use of test strips called VitaChek C. Retailing for approximately twenty cents a piece, they easily help verify that we are maintaining optimal levels of Vitamin C in our bodies. These strips can be used at home or work, or anywhere when you have to urinate. The special colored tab on the end of the strip, when exposed to Vitamin C, will change from dark green to yellow. The brighter the yellow color on the tab, the higher your levels of Vitamin C are. I have patients who have seen near miraculous recoveries from illnesses using the right formulation of Vitamin C, at the adequate, higher doses that are now recommended. Those that keep the urine test strip in the yellow 24/7 have the best outcome in most conditions, which is why we say it is a BRIGHT SPOT test and those that learn to keep their urine vitamin C levels high will have a BRIGHTER FUTURE.

I suggest you make BioEnRGY C and the VitaChek C urine stick test, a part of your daily health regimen to ensure you are keeping your Vitamin C levels in the optimum range.

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