

Chronic Fatigue Syndrome and Other Mysterious Diseases

By Garry F. Gordon, MD, OD, MD (H)

Chronic Fatigue Syndrome (CFS) is a debilitating and frustrating illness affecting millions world-wide. There is no cure for CFS. Having similar symptoms to viral infections, like headache, fever, sore throat, muscle and joint pain and severe fatigue, there is much controversy about whether CFS is a "real" physical illness. Although the origins are not fully agreed upon by the experts, and studies linking CFS to XMRV (Xenotropic murine leukemia virus-related virus) are being discounted as a result of contaminated blood samples, XMRV has also been linked to autism, fibromyalgia, multiple sclerosis, amyotrophic lateral sclerosis, Parkinson's disease and prostate cancer. Interestingly, CFS sufferers are found to possess elevated levels of *antibodies* to many organisms that have infectious components such as Lyme disease, candida ("yeast infection"), herpesvirus type 6 (HHV-6), human T cell lymphotropic virus (HTLV), Epstein-Barr, measles, coxsackie B, cytomegalovirus, or parvovirus.

Most all of us have some chronic infection present. Regardless of the type of pathogen or related disease, we know we are all susceptible. It is more important to focus on total body detoxification and restoration of cellular function so our bodies may better handle any pathogen it is exposed to.

Surrounded by Pathogens and Environmental Toxins.

In his book 'Plague Time: the new germ theory to disease', evolutionary biologist Paul Ewald argues that infections caused by viruses, bacteria and parasites, are responsible for at least four-fifths of all cancers. Canadian researchers reported this past month that they found MRSA (methicillin-resistant *Staphylococcus aureus*) in bedbugs in Vancouver. American researchers have recently discovered MRSA and other staph bacteria on samples of supermarket meat in Detroit. Most recently is the E. Coli "super strain" outbreak in Europe that has killed hundreds of people.

We are fighting infections and pathogens daily, while tons of toxins like lead and mercury are being poured into our environment. Coal-fired power plants in China are belching out over 800 tons of mercury emissions each year. Toxic radioactive particles are streaming into the atmosphere from the recent disaster at Japan's Fukushima Daiichi Power Plant

U.S. Today reports that troops in Iraq, Afghanistan and Kuwait are constantly inhaling microscopic dust particles so small that 1,000 particles can fit on the head of a pin. This dust is dense with toxic metals, bacteria and fungi, and some scientists say that this explains the Gulf War Syndrome symptoms from the 1991, and the high rates of respiratory, neurological and heart ailments encountered in these current wars.

Deadly pathogens and pollutants are not confined by Geography. They are constantly circumventing the globe – being blown around and precipitating down upon all of us.

Cellular Energy and Disease.

We are electric beings and are suffering from power failure. There is new research showing how mitochondrial dysfunction and loss of cellular energy is an even more fundamental key in ALL chronic illnesses and disease.

Dr. Douglas Wallace, founder of the field of human mitochondrial genetics, and head of the Center for Mitochondrial and Epigenomic Medicine in Philadelphia, believes that mitochondrial dysfunction is at the heart of all common, complex diseases. Mitochondria are described as the power-houses that generate the biochemical reactions in our cells through the production of adenosine triphosphate (ATP). Studying mitochondria since the 1970's and publishing over 230 papers, he asserts that modern medicine has failed to solve most of the epidemic diseases today because it focuses solely on anatomy – while ignoring energy. *“We have a mitochondrial, energy-based concept of medicine, which beautifully explains in a simple way all the previous inexplicable problems... every one of the diseases we can't solve is absolutely logical if we put energy at the center”.*

My life's goal is to help educate everyone that achieving optimal health is a lifetime challenge. We need a unifying approach to enhance our bodies ability to deal with the multifactorial nature of any chronic disease, and this includes learning more about alternative therapies and Energy medicine.

My FIGHT program is based on proven presence of chronic infections in virtually everyone today. We need to lower our total body burden of pathogens and toxins, and recharge our mitochondria, so our bodies can heal and work properly. We know that ATP is the currency of energy. With the earth's magnetic field in serious decline, using Pulsed Electro Magnetic Frequency (PEMF) PEMF and other electro-magnetic therapies are needed to “power up” your cells, which will help to increase body detoxification, boost overall energy, heal and regenerate tissues, grow new stem cells, and restore optimal function and longevity.

For more details go to www.gordonresearch.com and view the supplements I recommend to fight infection and detoxify, and about Pulsed Electro-magnetic frequency and other Energy medicine modalities.

Sincerely,
Dr. Garry F. Gordon, MD, OD, MD(H)

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