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Doctor Gordon's Position on DMPS vs EDTA

It is important to understand that LEAD is a major problem particularly for children on many levels from impaired IQ to lowered immunity. This IMPORTANT topic is being largely ignored in the current discussion, we must realize that all heavy metals are bad news and that the TOTAL load in the body is harming the child's health. They combined effect of all of the toxic metals is even worse, so getting out excessive aluminum, cadmium, antimony, tin, as well as lead and mercury is MY goal. MERCURY toxicity is manifested somewhat differently than lead or cadmium as each works its mischief somewhat differently but in every case lowering ALL of these toxic metals the safest and most gentle way is my goal.

Clearly we all cannot ignore the fact that SOME children are making significant progress with TD DMPS. I prefer however even if transdermal is a part of the detoxification program that parents choose, that they are informed adequately about the need to follow it up with the long-term use of some chelation therapy and I have found it most convenient and affordable to choose for that purpose safe Oral Chelation using Garlic, Malic Acid and EDTA – a combination that gets at all of the toxic metals.

However, for good reason, many parents are in a rush, so I will mention that NOTHING removes the readily assessable stores of lead as fast as my Rapid 5 minute IV push of Calcium EDTA. Taking out lead makes any MERCURY level LESS Toxic. I emphasize EDTA in my work around the world training doctors in LIFE EXTENSION and Anti-Aging because there is NO question about its long term safety. I have thousands of people taking it daily now for well over 10 years and the only side effect is that they are clearly NOT aging as rapidly as there friends and family members who are NOT taking it, along with the apple acid and garlic that we have used since I helped to develop this concept 20 years ago.

Therefore, whether you are using transdermal, or rectal suppositories, or IM or IV chelators, I firmly believe that everyone needs to continue the process for years, and the latest news from China is that as they are burning TONS of coal to power their country, no one on earth can have ideal safe levels of mercury no matter how careful we are about the vaccinations.

We are living on a polluted planet and it promises to get far worse. I look at ORAL chelation as the ONLY way to permit most of us to achieve our maximum intended useful lifespan with a reasonable level of health. These toxic metals are affecting everyone and aggravate every health problem.

Thus my position is that there are no quick fixes since we live on a polluted planet. There is good evidence that any chelation benefit from any method will be transient UNLESS you continue on some form of chelation for a long time. Parents need to decide based on all the facts that they can obtain which approach or combination of approaches seems optimal for their child.

Since my training indicates there IS a proven long term need to continue moving lead out of the body (particularly the bones so that they do NOT re-poison the brain once the initial chelation program is stopped) and this can not be achieved in less than 3-5 years. I know that I will have every patient that I am treating on oral chelators for years to lock in the benefits associated with lead OR mercury or other heavy metal removal programs.

I have not seen enough evidence regarding the safety of TD DMPS for me to incorporate this into my regular heavy metal detoxifying program but clearly we MUST do something to get the toxic metals out of our bodies. I have worked with Dr Yasko and we are very conservative since we have found foods that work better than some drugs do and we have not seen any significant adverse effects using the admittedly slower approach that we have described in the Puzzle of Autism book. Now that the DVD's from the 2-day conference that we put on in Boston are ready to ship out, there is not real need for me to go into any lengthy explanation here of why you may have heard that I raised some issues about safety, because since I have been called the father of chelation, I can not take any chance and endorse anything that I do NOT know everything about. We all MUST do something about OUR heavy metals and what I do is based ON THE LONG TERM VIEW of things that I will express here so that perhaps more of you will be able to decide which course of action is best for YOU personally and what to do about your child. There is NO perfect solution. Some things seem to work faster and other things may have some higher safety. Some healthy people have gotten ill taking DMPS which bothers me since 20 years ago with the Russian supplies, we were generally convinced that DMPS was as safe as drinking water and we had stockpiled in Germany enough to treat all citizens there in case of a nuclear war, we would need to chelate out the radio active metals. That kind of situation warrants RAPID detoxification and then any risks are probably justified. You will see in what I have written here that today we face a more chronic situation where DMPS is a stronger chelator for mercury but I have nearly stopped using DMPS for many years now since I no longer can get the safe, effective and affordable original Russian material from Leningrad where it was developed. I used that on my patients orally for years.

I now use routinely on my adults some ORAL DMSA with Selenocysteine. However, since I perceive the need for safe long-term continuous chelation to provide all the benefits that are achievable by lowering our levels of toxic metals as MUCH as reasonably possible, I prefer to rely on oral JUST garlic, EDTA and

malic acid in addition to things like selenium and alpha lipoic acid and active fiber as in Beyond Fiber for the LONG TERM PROGRAM top try to get both the easy and hard to remove toxic metals out. Today, everyone on earth has excessive levels of heavy metals and I therefore had to develop a affordable safe program to deal with all the heavy metals including mercury and lead, which to a greater or lesser degree is an issue for every patient that I treat.

Furthermore, since we now have a full line of RNA products to add to the nutritional protocols that I have used successfully on all of my patients, for any condition from cancer to heart disease to Fibromyalgia to Chronic Fatigue etc. for years, I therefore choose to use the most conservative approaches even if they take MORE Time.

We seem to get all of the detoxification benefits over time that I want for by patients now that we have the safe Essential Daily Defense which contains just GARLIC, MALIC ACID AND EDTA. This formula also has many other benefits and took over \$10 million and 10 years to perfect. We now know as a result of our work in autism that there are readily chelatable metals that MOST people will see come out with ANY chelator, given by any route – oral, rectal, transdermal or IV. The issue is that in autism most of us find that the more productive results begin when we start to get at the NOT READILY ASSESSABLE heavy metals which we have good reason to believe are sometime in lipid and sometimes in aqueous compartments and some seem to be held by INFECTIONS such as some viral infections. These more difficult to get at heavy metals is where the power of the RNA products is so important, since even when IV DMPS is NOT moving any mercury our of the child, we find that with the RNA oral products we can get the oral garlic, malic acid and EDTA product to be all we need to let LOTS of heavy metals release. While only a fraction may be found in the urine, fecal testing may be far more important than is generally recognized.

I will use lower doses of oral DMSA for a short time on most adults. Part of this is because many adult patients are in a HURRY to see results and seeing things come out in the 6 hour urine collection or fecal analysis helps us stay the course with the total program that I recommend in managing any chronic health problem.

It is true however that heavy metals INITIALLY appear to be coming out significantly faster with DMPS, given by any route and then mercury is released less rapidly with DMSA and even more slowly with the Essential Daily Defense.

The point however is the slower method is consistent with the fact that we NOW KNOW that we MUST plan to chelate children long enough for the bones to completely turn-over which may be 5 years and in older adults this same bone turn-over takes up to 15 years. Furthermore, until we had Metals I-V to help the body focus its energy on clearing out some of the infections, we see NOTHING coming out week after week with these admittedly gentle oral chelators, that I

have taken without fail now every day for over 20 years now, and I have MANY of my patients on these oral preparations for nearly that long. Many are convinced that this is the only thing that is keeping them alive and preventing heart attacks etc.

If patients SEEM to be improved after chelation of ANY form, ie transdermal, rectal suppositories, IV or oral, the truth is they will generally lose that improvement over the coming months or years because the lead which EVERYONE has on average 1000 times MORE than anyone had 400 years ago can NEVER be removed in less than 3-8 years of continual chelation in some form.

This means that stopping chelation after only 1 year in a child, you have ONLY moved out on average perhaps 20% of the total stores of lead from the bone. So that child has NOT reached their maximum or potential optimal level of health and that is why we need to look at safety when we are deciding what to do, since the textbooks indicate that there is NO short cut that will remove all the heavy metals that we store in bones without continually being on a program that moves MORE toxins out that are coming in daily from our water food and air.

Most of us will get tired of whatever form of chelation you have been using after a few months but the evidence is clear that our still toxic bones will download their toxins to the relatively cleaner tissues in the heart brain kidneys etc. This means we often will see the initial benefits become transient and we need to avoid that by understanding that ANYONE will feel better if you lower their levels of lead or mercury or even their levels of PATHOGENS like CMV, Epstein Barr, Herpes, Measles, Mumps, Rubella, SV-40 and on and on. See The book by Paul Ewald - Plaque Times - to understand the INFECTIONS that all of us carry NOT JUST OUR AUTISTIC CHILDREN - but EVERYONE has one of MORE of these chronic infections and they will have adverse effects on our lives, and some it now seems HOLD on to the toxic metals. Fortunately, the RNA Metals I-V are showing success in helping the body to DUMP these metals using NOTHING stronger than the gentle Essential Daily Defense - one cap per 10 - 15 pounds - which I have used so successfully in my medical practice since I developed this formula with Dr Morrison that I have been able to cancel heart bypass surgery on most patients largely because of the benefits of this safe gentle clinically proven method of oral heavy metal detoxification which I have used for over 20 years on my patients. I have yet to be informed of ANY fatal heart attack or stroke occurring in any patient using this as a part of what I call my total oral chelation support program (Beyond Chelation - Improved).

Thus, of course I am sensitive when someone says that oral chelation does not work since I see such long term successes in every category of patient with just this simple formula. The RNA products have made me able to see far more

dramatic successes much more rapidly and work in nearly every health condition that I may treat from Alzheimer's to Multiple Sclerosis.

Thus I believe that the real winner of the race for effective detoxification of mercury, lead, etc. is the TURTLE that stays on course for years, without stopping.

This is easier for my patients since on my website are all the research papers that back up everything I am saying. This means my patients know from the beginning that there is NO short course to eliminating all the mercury or lead from anyone.

Therefore we all know that it will take children an average of 3 - 5 years to have turned over all of their bones, and replaced them with bones formed while they are protected from the environment because there were continuously maintained on safe oral chelating substances like MALIC ACID (APPLE ACID), GARLIC and EDTA - which means that anyone stating that oral EDTA is NOT at least PARTLY the ideal treatment for heavy metal toxicity is failing to acknowledge the OBVIOUS fact that today we are all toxic with heavy metals.

Secondly, they are ignoring the PROVEN POWER OF GARLIC to deal with mercury. The drugs DMPS and DMSA both stink like sweaty socks - that is the sulfhydryl groups which are also in the garlic. Thus I choose to DO NO HARM and take my time and get everyone to their maximum intended useful life span which can NOT be done with suppositories or IV's or transdermal as there is NO ONE that will take those consistently for a long enough period of time to get rid of ALL the heavy metals that significantly contribute to mercury toxicity.

Dr. Yasko and I have NOT found it necessary in children to use any stronger chelator than the oral garlic, malic acid and EDTA products. The proof is easy to find. Simply go to www.gordonresearch.com and type in the words oral EDTA in the convenient search window provided by Google - on the left side of the site - and you instantly have over 500 abstracts to read to show you that oral EDTA has ALWAYS protected every lead worker around the world under any conditions and always safely removes toxic metals like lead. Again, it is NOT as rapid as DMPS AND DMSA for MERCURY excretion, but rapidity at the cost of safety is NOT acceptable. Once you have adequate levels of garlic, malic acid and EDTA in the body continuously, you have prevented MOST of the toxic effects of the heavy metals, even if it takes several more years of therapy to eliminate MOST of these heavy metals.

The heavy metals in YOUR body are NOT FREE to cause mischief if YOU keep an adequate level of protective oral chelators like these in your intestine and 5% of what you swallow will reach the blood stream at all times.

Anyone telling you that oral chelation does not work has SOMETHING else to sell and or can NOT READ these references, or refuses to face this proof that this works and will be helpful to everyone on planet earth WHEN we finally admit that the need for heavy metal detoxification has become mandatory for everyone - not just autistic children and the issue is NOT JUST MERCURY as some would have you believe.

We now have experts agreeing that there is NO safe level of lead and that low level lead is tied to kidney failure and cataracts and learning disabilities and cancer and heart disease and impaired immune system functioning - thus leading to more INFECTIONS in everyone that antibiotics can not touch. Because the lead is stored in bones it is contributing the epidemic of bone problems from bone cancers to osteoporosis by interfering with normal enzymatic repair processes. It reaches a homeostatic level from the bones and helps to poison the brain liver kidneys etc.

So, in short, all chelators are better than just living with YOUR levels of toxic metals. However, since I lecture around the world I need the safest most affordable approach. Since I KNOW that the real benefits from heavy metal detoxification REQUIRE years of continual LOW LEVEL chelation in order to prevent the detoxification of tissues from lead stores in bone that can NOT Be eliminated MORE rapidly than bones turn over, my use of the stronger mercury chelators like DMSA and DMPS will be when the additional cost and risk is offset by the benefits as I perceive them in that situation.