

FIGHT For Your Pets Health – with Vitamin C
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We love our pets, and for many of us they are like a member of the family. As we are seeking better health and longevity for ourselves, we need to remember that our pets are susceptible to the same illnesses and diseases caused by poor nutrition, infections, pollution, toxins, stress, too little exercise, as we are... and in many ways our pets are more vulnerable.

Some of the most common conditions that our pets suffer from today, allergies, arthritis, bladder problems, hip dysplasia, spinal myelopathy, viral infections like distemper, skin problems, fungal infections, and various cancers and tumors, can be directly associated with nutrition, and specifically vitamin C deficiency. Vitamin C is vitally important for the glandular, circulatory, and immune functions, as well as the healing and regenerative abilities of the body. Vitamin C is a major factor in collagen formation and maintenance of bones and tissues. Vitamin C is an antioxidant and chelator that helps to rid toxins from the blood and tissues. It can help protect your pet against the side-effects of vaccinations and some veterinary drugs including steroids and cortisones. Vitamin C is a major pain reliever and it keeps the teeth strong in aging pets, retarding the aging process.

Although dogs and cats produce their own vitamin C, it is not sufficient to overcome the toxins and infections they encounter on a daily basis. They need extra vitamin C daily, just like we do. And we need not worry that too much vitamin C will cause kidney stones – that is a myth – vitamin C will actually dissolve stones. Vitamin C in the urine binds to calcium, decreasing its free form, and preventing the development of calcium oxalate stones. The diuretic effect of vitamin C is also beneficial as it reduces the static conditions necessary for stone formation.

The first use of orthomolecular medicine in treating animals was by veterinarian Dr. Wendell Belfield in 1965. He was brought a 1 yr old female poodle who was presenting with distemper (103 temp, conjunctivitis, vomiting, diarrhea and anorexia were indicating symptoms). He treated her with three 2000 mg. ascorbic acid injections, given at 24 hour intervals. Within 12 hours of the first injection she began to improve. After the second injection, her temperature returned to normal, conjunctivitis was resolving and her appetite had returned. The period after the third injection saw the animal fully returning to normal, except for some slight diarrhea which resolved during the next 24 hours. Examining the dog two weeks after treatment, she was in good condition with no signs of distemper.

Using both injections and dietary supplements of powdered vitamin C, Dr. Belfield had outstanding success in treating hundreds of dogs and cats, with a wide variety of serious illnesses at his Bel-Mar Orthomolecular Veterinary Hospital in San Jose, California. During this time Dr. Belfield concluded that vitamin C was an all purpose virucidal, *"The intravenous use of ascorbate is especially valuable in the therapy of the viral diseases, as it appears to be an effective, non-specific, non-toxic virucidal agent,"* he

stated, and "We have not seen any viral disease that did not respond to this treatment. Successful therapy appears to depend on using it in sufficiently large doses".

Dr. Belfield's developments in orthomolecular and veterinary medicine have been published in several journals and magazines, and he is the author of many veterinary care books including *'How to Have a Healthier Dog: The Benefits of Vitamins and Minerals for Your Dog's Life Cycles'*, and *'The Very Healthy Cat Book: A Vitamin and Mineral Program for Optimal Feline Health'*, with veteran health writer Martin Zucker.

I suggest regular daily supplementation of a quality vitamin C mixed with food to help keep your loving pets resistant to infections, more mentally alert, playful and happy. Typically, large dogs over 50 lbs. should have 3 – 6 gms of vitamin C per day. Smaller breeds and cats (under 25 lbs) should have 0.75 to 1.5 gms per day.

I have my dogs and horses on supplemental vitamin C, as in Bio-En'R-G'y C, routinely for all of my animals. Without it my horse has a severe cough. My dog stops limping when on the supplement. The special formulation and unique intracellular delivery system utilized in Bio-En'R-G'y C goes deep in the tissues, intracellularly, and does not promote any stomach or intestinal upset. The other ingredients in Bio-En'R-G'y C such as the MSM, ribose, TMG, and Bioperine are all proven beneficial in animals as well as humans.

References:

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