Healthy Vision with Dr. Kondrot — October 21, 2012
Pulsed Electromagnetic Field With Dr. Garry Gordon

Welcome to Healthy Vision, the talk radio show to help you conquer your vision loss. Dr. Edward Kondrot is a Board-certified ophthalmologist and homeopathic doctor, author of two bestselling books, and sought-after speaker. Healthy Vision is dedicated to bringing you the latest information for a lifetime of healthy sight and to help you conquer your eye problems. And now, your host—Dr. Edward Kondrot.

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Dr. Kondrot: Welcome to Healthy Vision. This is your host Dr. Edward Kondrot. I’m here to help you conquer your vision loss.

I’m calling you from Brady, Texas which is two hours north of Austin, Texas. My wife and I are attending GoatCamp at the Onion Creek Ranch. You’re probably asking yourself, “GoatCamp, Dr. Kondrot? Have you completely lost it?”

Did you know that the leading selling meat in the world is goat meat? The reason for that is it’s extremely nutritious and healthy. The milk is wonderful. For people who have allergies to dairy products, goat milk is a good option. Of course, goat cheese is wonderful.

Because of its health advantages, we’re going to make goats part of the Florida Wellness Center.

We have 50 acres. It’s just the perfect environment for goats. That’s one of the reasons why I’m here at GoatCamp, to learn the ins and outs of raising goats.

Yesterday I spoke at the New York Eye and Ear Infirmary on the homeopathic treatment of glaucoma. This was a very exciting event for me. In fact, the furor I had I just can’t describe.

This hospital at one time used to be a homeopathic eye hospital. Can you imagine that? It has been over 100 years since a homeopathic ophthalmologist has stepped into that building, but at one time it was the leading hospital in the United States for the homeopathic treatment of eye disease.
My lecture was well-received. I’m happy that many people at the New York Eye and Ear Infirmary are becoming interested in the homeopathic and alternative treatment of eye disease.

Speaking of homeopathy, this is the last week to register for our online homeopathic course which will begin October 27. It’s a six-month course meeting online one Saturday a month. If you can’t make the Saturday online lectures, it will be recorded and be available for you to review for 30 days after each webinar. You can listen at your convenience.

Learn from people’s healing. It will change you and your health forever. For more information, you can call 1 (800) 430-9328 or go to my website at www.HealingTheEye.com.

I’m really happy this evening. My good friend Dr. Garry Gordon, who’s President of Gordon Research, is my guest. We’re going to be discussing a very exciting topic. In fact, Dr. Gordon has got me so enthused about this particular topic. What’s all the excitement, Dr. Gordon?

Dr. Gordon: I think the excitement is because we’ve finally woken up to the fact that life is totally dependent on the magnetic field in the middle of our Earth. Since that Earth magnetic field has been rapidly disappearing, we’ve woken up to the fact that we can bring it back in our lives.

We that are lucky enough to know about pulsed electromagnetic field therapy are having a field day because at age 77, I’m becoming the youngest and healthiest I’ve been in my lifetime.

This unique approach, PEMF therapy, leads to providing the most advanced form of exercise because it works on a cellular level and produces the same effect and benefit as hard physical exercise but without the stress and strain on our muscles and bones.

Most importantly, because the Earth’s magnetic field has become so weak, even elite athletes who might be marathon runners or whatever they’re doing or work at the gym are not getting all the benefits that we can get painlessly.

Dr. Kondrot: What are the numbers of the magnetic field decreasing? Can you give us the relative scale of what it was at one time and what it is? I think that will impress people.
Dr. Gordon: Yes. It’s a little bit upsetting because the magnetic field was well over 20 gauss. Today it is less than 0.5. Some areas are 0.4 and 0.3. Why that’s a big deal is if it goes to zero, then we will be dead planet like Mars. Fortunately, that’s not what’s going to happen.

What is happening is the North Pole does reverse every 200,000, 300,000, 400,000 or 500,000 years in between the South Pole. We have chosen to be on Earth at a time of this normal change when the North Pole becomes the South Pole. We’re here.

While it happens, we are suffering with what we call climate change, but more important we’re all sick. We can’t get rid of toxins and don’t have the energy that we had.

Dr. Kondrot: Will the magnetic force go to zero during this change? I’d think that would be catastrophic.

Dr. Gordon: That would be the end of life as we know it because we know that astronauts don’t do well when they’re in space unless they’re tied to a PEMF device that’s similar to a small version of what we’ve been lucky enough to introduce in clinics around the world that can let us restore this energy, but the possibility could be.

No one has ever scouted out. We do not know. I doubt that it would go to zero because it is really a factor of the molten iron in the center of Earth. Since that’s not going to cool or go away that fast, I think that we have to be just upset enough with the simple fact that the North Pole has already moved quite a distance. They’re having to renumber the runways.

For us here on Earth it could take 10,000 years. I don’t have an idea, but we do know that it occurs normally every 250,000 years or so. It’s been about 700,000 years. It’s definitely starting to happen now.

Even though we have polluted our Earth, are upset about how toxic we’ve become, know how much lead and mercury are in our body and all get frightened by the level of dioxin, TCBs and all the bad things we know about, the good news is that this form of exercise actually induces the cells to heal so good that they throw off all of the toxins.

You can prove that cells feel good because you can see a host that’s been retired. It’s very moving. You can treat the horse or the human and see tremendous changes.
We recently had an 87-year-old lady in a wheelchair. She had dementia, didn’t know her family for several years and was so imbalanced that she had to have a full-time attendant where she would follow her backward. She could barely move.

We were treating this lady. In the first treatment, we got a lot of the pain gone, so she started moving her legs and had better balance. By the second treatment, the family was shocked because she started making sense. She knew who she was and she knew the family.

I have a doctor friend who graduated Johns Hopkins. His son graduated Johns Hopkins and actually got him one of these machines because he was losing vision and wanted to see what we could do.

His father at age 92, now going on 93, had the machine for a couple of years in which he had seen dramatic changes in his strength and attitude. It’s been pretty exciting.

**Dr. Kondrot:** We’re coming up to a break, but I just wanted to comment that you were nice enough to share with me all the research that’s being done in Russia on the effect of electromagnetic field treatment on eye disease. I was quite surprised at the positive changes they measured in retinal slow of the optic nerve and reversing glaucoma.

Now that’s going to part of my treatment program when patients come to Florida for their three days. I’m really excited to add this equipment to help patients that are suffering from eye disease.

You’re listening to Healthy Vision. This is your host Dr. Edward Kondrot. I’m talking with Dr. Garry Gordon, President of Gordon Research. We’re discussing pulsed electromagnetic field. You’re going to learn what it is and how it can improve your health and vision.

Once again I want to tell you that on the last Sunday of every month, we’re having something new. It’s called “Ask Dr. Kondrot a Question.” I’m devoting the entire Healthy Vision show so you can ask me questions that you feel are related to your eyes. We’re going to be right back after the break.

Welcome back to Healthy Vision. This is your host Dr. Edward Kondrot. I’m here to help you conquer your vision loss. With me is Dr. Garry Gordon, President of Gordon Research. We’re discussing pulsed electromagnetic field.
I wanted to ask you, Dr. Gordon, if you could explain just some of the basics. What is electromagnetic field? How does it affect cells? Why is it so essential to life?

**Dr. Gordon:** It’s really very simple. It turns out that our cells are electrical. Just like your battery can be dead, our cells today are very low. We need to recharge them. With the pulsed magnetic field, what we restore is what’s called membrane potential.

These are big words, but with that in mind, we know that when we are sick, our cells are too acid and do not have enough energy called ATP.

A pulsed magnetic field is different from a static field. A static field is like if you put something around your wrist or neck, sleep on a magnet or put them in your shoes.

I like every kind of magnet but the problem is that all of us are needing a lot bigger restoration. When you restore the magnetic field up to what it should be, you bring in spin cells, and you start to see things get younger and your vision comes back. Your back pain goes away. Your kidneys start working again.

I have people that needed a heart transplant that no longer need a heart transplant. We have autistic children that sometimes within one or two sessions of this unique type of exercise start talking when they haven’t talked for two years. We get eye contact in as little as three minutes.

What we know is that there are symptoms we’re all suffering from today. We all have problems today with cancer, obesity, diabetes, osteoporosis, premature aging, headaches, infections, poor sleep and erratic moods, but all of that can be tied to deficiency of electrons.

The electrons are a key nutrient. We can gain more electrons by taking more vitamin C. We can get some electrons by eating organic, healthy food, which becomes real important.

When the cells are not operating efficiently, they become acid. We all hear about drinking alkaline water and all these things. They don’t get past the defect. The defect is that we all would be dead if the first magnetic field came to zero. It’s down 95% from 49.5.
None of us are operating efficiently. The day will come when nobody will excel at athletics unless they’re lucky enough to know someone who can offer them access to 10 or 15 months once or two a week of this kind of machine.

If you’re lucky enough as I am to have this machine at home, like I am at 77, I will sometimes treat myself to half an hour or an hour at a time. Why? I needed a new heart. My kidneys were failing. My back was so bad I was actually sometimes hardly able to walk. Both of my hands were numb all the time with what we call carpal tunnel.

It’s amazing that we can restore health through this simple thing of recharging the actual electrical charge of cells. We are electrical beings. The magnet and electricity are hard to get forever.

You cannot have an electrical device in your house that doesn’t have a magnetic field around it. I can’t treat you with a magnet without inducing an electrical field. How to separate electricity from magnetism is really the new issue. We will go further into that.

What I’d like to do is make the point very clear to all of us that we can restore optimal health. You can take anyone and cancel that knee replacement or shoulder surgery, and they can actually regenerate because it’s been known for 50 years that if you had access to a PEMF, you could heal a broken bone that hadn’t healed for two years, the surgeons had given up and the leg or the arm wasn’t healing and all they needed was maintenance.

Dr. Oz has done a whole special 10-minute segment. It is so powerful because he’s telling you essentially to fire your doctor if he doesn’t give you the option of getting some magnetic therapy for any pain that you have because you won’t need that back therapy. You won’t need that operation on your knee.

Dr. Oz was so powerful with a beautiful graphic that I have put that 10-minute session on my website so that anybody going to www.GordonResearch.com can link him. On the left side it says, “For more information on PEMF.”

Just remember Gordon Research, and it will take you to PEMF and in one convenient website you can click and watch Dr. Oz with powerful graphics that will show you whatever pain you’re having or whatever part of your body is not working well at any age, even if it’s your pet or your horse, all life is totally dependent on the magnetic field.
Nassau publishes on their website that we’ve lost 95% of the magnetic field, which means that you can’t efficiently get the toxins out. Now, with the extra benefit of magnetically induced cell exercise, our cells will start to take in the vitamin C that we swallow and the magnesium that we know our cells need. Not only will it take it in, but the cells then have the energy to do housecleaning.

What is housecleaning? In a cell we call it autophagy. It’s auto for self and phagy for cleaning. Autophagy means that I can make anybody operate at a higher level because now the cells have the energy to push the toxins out.

That technically means that if I treated you with too much exercise, like any form of exercise, you would be pretty stiff the next day. With this kind of exercise, you could get a detox reaction of a headache or flu-like symptoms, so we wind up giving people extra supplements with vitamin C, zeolite and fiber and try to support the body to deal with the toxins.

Dr. Kondrot is doing amazing things in keeping people with glaucoma and macular degeneration from losing their vision and helping to restore it, but we’ve known for thousands of years in Chinese medicine that if the eyes aren’t working well, part of it could be the liver and part of it could be the kidney.

Now we have the knowledge to apply this unique form of pulsed electromagnetic exercise to your body painlessly even if you’re in a wheelchair or in a hospital bed with a broken back. We can exercise your body painlessly.

Dr. Kondrot: Microcurrent puts electrons into the body and helps rejuvenate. How does the pulsed electromagnetic field differ than the electrons that are introduced with the microcurrent?

Dr. Gordon: The way it differs is that the magnet is restoring so that you don’t have to keep using it. Let’s just look at autism. We have documented cases of autism that were told that the child would never function and in as little as 10 minutes twice a week for six weeks, a child that at age 8 had never put two words together is talking fluently in school and explaining what it was like to be out of the brain fog that changed the moment we put the magnet over his head.

The microcurrent absolutely helps, and I love microcurrent. I love any form of physics that is going to help, such as oxygen, hypothermia and low-level laser. I like bright light. We like everything, but the point is that all of them can be applied energistically to get us well even faster, but you cannot ignore the fact that we are totally dependent on the magnetic field.
I have a special ohm cage that I can put you in where there is no magnetic field, and within two hours you can barely raise your arm off the floor.

**Dr. Kondrot:** We’re coming up to a break. You’re listening to Healthy Vision. I’m Dr. Edward Kondrot, and my guest is Dr. Garry Gordon, President of Gordon Research. We’re talking about a very exciting device called the pulsed electromagnetic field.

When we come back I’d like to talk more with Dr. Gordon on this, and we can talk a little bit more if he feels that using the PEMF may help improve the results with microcurrent. I know that many of you listeners are using microcurrent and having good results. I think using this additional modality is going to increase the effects of microcurrent.

My new book is now available for those of you interested. It is The 10 Essentials to Save Your Sight. I’ve been working on this book for over 10 years and I share with you a lot of information that is going to help you improve your vision and save your sight.

If you’re interested, give the office a call at (800) 430-9328. Also remember that this is the last week to register for the Homeopathic course.

Welcome back to Healthy Vision. This is your host, Dr. Edward Kondrot. With me is Dr. Garry Gordon, President of Gordon Research. We’re discussing pulsed electromagnetic field.

Dr. Gordon, I wonder if you can explain what the 10 benefits on the body that the pulsed electromagnetic field has.

**Dr. Gordon:** The simple thing is that people always look for the obvious. We know that it increases blood flow. It decreases pain and increases flexibility, but how does it do that?

Since the average MD has not yet bothered to learn anything about it, we need to know, but it’s been talked about at places like Yale for 30, 40 or 50 years.

The FDA approved it 50 years ago for healing bones that hadn’t healed. Five years ago they approved it for treating depression after nothing else had worked. Finally, you have essentially a new brain and you’re not depressed. Then last year that approved it for brain cancer.
There are different applications, and some of these can cost as little as $1,000 and there are some that can cost $100,000. It’s really easy to search PEMF in Google.

Let’s keep it simple. If we want to talk just about the basics, I’ll go to physics because this involves physics. It’s going to be atomic excitement as the electron spin is increased, so as you increase it you start storing energy instead of being depleted of energy.

Next we have molecules. They align with the magnetic pulse, making them easier to combine, so you have more effective metabolism.

We know that we have so many people eating food and it’s not doing them much good. Part of the story is that pH will go much more alkaline. We do know that when you’re more alkaline, there is always less pain and all metabolism is more efficient and more effective, so you’re getting things in and your cells are able to do their job.

Part of that is that the viscosity will change so that instead of your poor heart pumping something as thick as ketchup, overnight we’ll be turning your blood down to something the same thickness as wine, so the heart is working less and you’re getting more flow into and out of every cell in your body.

Part of the story is that part of the red blood cells, as many people have seen, tend to stick together when we are not fully charged. There are many ways to try to up that, but with the magnet we always get the red blood cells fully charged so they will repel each other allowing much more surface area for the transport of oxygen.

The important thing is that when you have made the cells more alkaline, oxygen actually leaves hemoglobin and goes into that heart cell or that brain cell that’s been causing you not to have much memory or that’s been giving you no energy.

As we keep looking at the big picture, we know that this relaxes the vascular system within minutes, and we definitely increase blood flow to your eye and your throat.

We have proven that we can heal wounds much faster so that people don’t take months to heal from a bad injury. Sometimes we can do it in days, but always at least a 30% increase in efficiency of healing.

We do know that you could take all of the calcium you want. Swallowing calcium is not the answer to making your bones strong. It’s really more tied to vitamin K2, vitamin D and magnesium, but with the magnet, provably bones that nothing
healed before now will heal. We have proof that you will help reverse osteoporosis and you will help get rid of osteoarthritis. You can reverse it.

What’s interesting is that most of us that have been working with Dr. Kondrot believe in supplements and in homeopathy, and we know that micro electric is so powerful that it’s helping us, but we want it all to work more efficiently and better.

Part of the trick is that when you are using the magnetic, there is a process called electroporation. That is a big word that means in the membrane of every cell, the door will open momentarily and let the nutrients get in. That helps the cell have high enough levels of energy. We call that ATP technically.

That’s the power of the cell to do its work. The electroporation lets things get in so that you now have effective ability of the cell to do its heart pumping, its kidney pumping or its thinking.

Part of this is tied to what we call the sodium potassium exchange. That means that when you see puffy swollen legs and people say you’re going into heart failure and they say to avoid sodium, that’s only a piece of the puzzle.

The puzzle is that the membrane of your cell is a pump and it has a sodium potassium pump that needs to push sodium out so potassium can come in. Now the cell will be alkaline, which means it will take up the oxygen and start to work, but it always needed these separate things that we’ve talked about.

That’s the basics of how this is working and because all of us are operating sub-optimally as though we are a battery that’s 90% discharged. We’re going to get to the point that there will be many devices that may not make our whole body as young and healthy as we can do when we have these more powerful units, but there are going to have to be more units.

They have had little pads that you can lay on that are $2,000, $3,000, $4,000 or $5,000. They were useful, but I was so sick most of my life, and that’s why as a doctor I have studied these alternative things. I needed something that worked. I didn’t have another 10 years to fiddle.

I love sleeping on my magnetic pad. I have played around with $1,000, $2,000 and $3,000 pads, and they made me feel a little less pain, but they didn’t regenerate and I needed regenerative medicine.

I needed new knees. I needed a new kidney. I needed a liver that was getting oxygenized so my vision would get better. It’s pretty exciting that everybody who
uses the device always reports an improvement in their vision. However, we tell people that it’s not permanent.

It’s only doing it because your cells are now pushing the toxins out and taking the nutrients in, so it helps if you do all of Dr. Kondrot’s total program so you won’t need as many of these unique form of exercise sessions.

If you own a good company like FedEx, the day will come that you will put in your wellness center for all of your employees and you will have this kind of magnet so everybody can get 10 minutes twice a week of this kind of exercise. The earth is cheating us. We don’t have a full charge and we deserve a full charge so we can do whatever work we are on this planet to do.

**Dr. Kondrot:** How do people know that they’re getting treated by the right machine because right now there are numerous machines on the market?

**Dr. Gordon:** We’ve made that very easy. A really good friend of mine at Johns Hopkins is named Dr. Pawluk. All you do is go to [www.DrPawluk.com](http://www.DrPawluk.com).

He has tried to tell because he has no vested interest and he tries to cover about 30 or 40 different machines that are out there. If you are depressed, you know you can go to Yale or Stanford and Medicare will pay a lot of money because those are expensive machines when they’re FDA approved.

We stay in the device that offers exercise to any part of your body so that one device can get rid of your ankle pain and can get rid of your head pain. One unit that is being used in the context that we’re talking about normally sells for about $31,000 but occasionally doctors at shows can get a little bit better pricing.

The bottom line is that we don’t need the special ones that the FDA approved for depression because that one won’t allow you to treat your back, your kidney or get your ankle better or help your liver start detoxing.

We need a jack of all trades, which is why it’s important to understand that what we’re talking about is magnetically induced cell exercise in a machine that is capable of treating a painful hand, wrist or ankle, and at the same time can just as easily take a different applicator and put it over the head to let your depression start to go away and let your autistic child start making sense and getting eye contact.

As good as these machines are, in one application they cannot make your toe and brain young. Depending on what you’re worried about, like if you can’t walk because the pain is bad, you’ll focus on getting that part treated.
If you’re mainly interested in vision, all you’re going to be treating is the head. The good news is when you’re helping your eyes, you’re always helping the brain. You’re going to have better memory and be less depressed.

Start out with a simple concept. This form of exercise leads to something called bio-peration, meaning the nutrients you buy are going in, include the food you buy. It’s working better. When the cell is having more energy, it can do its work.

Part of its work is self-cleaning, spring cleaning and autophagy. It pushes the toxins out. The efficiency with which you’re running is the same as if we put a supercharger on your car or jet fuel into your car. It’s a totally different way for your body to function. You will feel it.

If you’re not getting the right treatment, you will know because everybody after a few treatments is reporting this is helping. Many people say half their pain is gone after one 10-minute session. They say, “I can move my shoulder. I don’t need surgery. It’s painless.”

**Dr. Kondrot:** We’re coming up to another break on Health Vision.

Before we leave, if I understand you correctly, the therapy will be more effective if you’re doing the right things with your diet and detoxifying your body at the same time. The therapy will help you with the food that you’re eating, and also help you detoxify. It’s a synergistic effect to help you regain your health.

You’re listening to Healthy Vision. This is your host, Dr. Edward Kondrot. With me is Dr. Garry Gordon. We’re going to be right back after this break.

For those who are interested in homeopathy, this is the last week to register for the online homeopathic course. You will learn principles of healing that will change you and your health forever.

If you’d like more information on the homeopathic course, give the office a call at (800) 430-9328, or you can go to www.HealingTheEye.com. I’ll be right back with Dr. Gordon after this break.

Welcome back to Healthy Vision. This is your host, Dr. Edward Kondrot. With me is Dr. Garry Gordon. We’re talking about pulsed electromagnetic field. Dr. Gordon, this has been around for 50 years. Why is it that more people don’t know about this wonderful healing modality?
Dr. Gordon: Very simply put, doctors tend to do only what is paid for. In Germany, we paid for this treatment 50 years ago. Under your insurance, you could use this instead of getting a hip replacement. They would get you one of these units and you could have it at home for two or three months. When something is paid for by the government, we tend to do it.

In the big picture, we didn’t have the knowledge about physics. The men who owned the company in Germany became my patients. It never crossed my mind that I would apply it to my hand or heart. We didn’t have the physics to understand it. Now physics is front page news everywhere.

In all the lectures I’m giving today, I quote Michio Kaku, the gentleman who has taken Einstein and Newtonian physics and brought it to the front. I have everybody buy a book called The Future of Physics. When you get that $15 book, you’ll know why. You’re going to live to 100-plus, know it or not, because things are that different with our knowledge base.

Just understand that all the way back in 1993, Columbia University published a paper about PEMF. They said in this paper that it has already been used for over 20 years.

The responses we see are amazing. We always see the pathologic processes get better. They said we see nerve regeneration, wound healing, graft behavior, diabetes, heart disease and stroke. Preliminary debate suggests it is even going to be powerful in cancer. That’s way back in 1993.

Now you have the British Journal of Cancer in January of this year treating cancer with electromagnetic fields, a potential paradigm shift again. That’s published by all people. That’s coming out of the Environmental Protection Agency talking about the reduced growth rate in tumors that are exposed to a PEMF device. It goes on with proof that this actually shrinks tumors.

Here you have a 50-year period in which none of us really had the physics to understand it. We knew in 1961 that Dr. Otto Warburg received a Nobel Prize for his work in cancer. He told everybody cancer only starts in cells that have become anaerobic.

The reason they are anaerobic is they don’t have the energy to survive with normal metabolism, so they’ve gone into a basic, fermentative, unhealthy metabolism. He said it’s because they’re toxic. He got a Nobel Prize, but do you think that anybody is paying attention?
There’s a new book that has come out that is going to change the lives of every one of you. It’s called Cancer as a Metabolic Disease. It’s right out of a guy with 30 years at Yale. His name is Thomas N. Seyfried.

He’s telling you in his book that you’re being treated totally wrong for your cancer when you’re not getting somebody applying this knowledge that cells have a membrane potential.

On the Starship Enterprise, Dr. Spock would stand in front of a machine and it would tell him what he needed. We thought that was ludicrous.

When you read The Future of Physics by Michio Kaku, you’ll walk into your bathroom within the next 10 years and it’ll start to tell you that you don’t look good. You’ll take your cell phone and do $1,000 worth of tests by pressing your finger over your cell phone. It’ll tell you what your cholesterol is and how much cancer you have.

The future is extremely exciting because the physics has changed. It all started with the Higgs boson, otherwise known as the God particle, that was proven some four months ago after $10 billion and 30 years of research.

It’s all the superstring theory that moves us ahead from Einstein and Newton into the new world of the new physics. When we understand this, then doctors will be talking to you about low-level light and what you can do with LED, low-level lasers, hyperthermia, breathing oxygen, magnets and microcurrents. These all are addressing the problem at the physics level.

When you understand that, the homeopathy is going to work even better. Microcurrent is such a brilliant approach to dealing with the problem. With microcurrent, you are giving electrons to your body.

Those of us who champion vitamin C need a lot of electrons. Vitamin C helped change my life, along with oral chelation. I wanted to get the toxins out and the good stuff in. I’ve gone to every meeting. I’m 77 and the healthiest I’ve been in my life. I had been sick most of those years.

That’s why Dr. Oz is saying on his nationwide program to fire your doctor if he isn’t talking to you about magnetically-induced fields. You won’t need that back surgery, that new knee, or to live on that antidepressant if you plug that in with the diet changes that Dr. Kondrot is teaching all of his eye patients and do regular exercise.
This is a pulsed magnet exercise that we can do to you even if you’re in a wheelchair. If you combine that with walking around the block and changing your diet, we can undo what has already happened.

Rick Warren of the Saddleback Church has introduced a plan called the Daniel Plan. He has everybody read a really good book about how not to eat sugar, eat healthy foods and take good supplements.

In that one church, collectively they’ve lost 260,000 pounds in less than four months. Almost all of them are off their crazy statins. Statins are dangerous. They’re killing you. Almost all of them are going off blood pressure medication because they’re addressing the problem.

Between diet, exercise, homeopathy and microcurrent, none of us need to go blind or be fearful of macular degeneration. These all respond. I totally support what Dr. Kondrot is doing.

I had a patient 12 years ago who was told he’d be totally blind in two years. Instead, he chose to do what we talk about. He’s still flying his own airplane. We don’t have to lose vision or have bypass surgery. I have had no one have a bypass in better than 20 years. I team up with the oral chelation.

If you can’t find a doctor doing IV, which is expensive, I have a website at www.GordonResearch.com that helps explain my approach of the biochemical and what I give people orally, like zeolite and high-dose fiber and high-dose C, that will help the body catch the toxins that the pulsed electromagnetic field therapy releases. You have to have two sides of the coin.

**Dr. Kondrot:** You’re listening to Dr. Gordon. For age 77, he is in unbelievable health. He looks like a trim, fit athlete. It’s unbelievable. He walks the talk and practices what he preaches.

If people who are listening want to have this type of therapy, how do they find a doctor in their area that is doing this type of treatment, or how can they educate their doctor to get trained?

**Dr. Gordon:** There are two sides to that. Fortunately, any doctor who you go to now can go to my website, www.GordonResearch.com, and enter at no cost my school called FACT. There’s no charge.

In there, he can learn how I treat prostate and breast cancer and I stop broken bones and macular degeneration. It’s very simple. If they’re interested, we have doctors. I
have 3,500 members of my school in 14 countries. We have doctors who listen and use the principles we’re talking about.

If you go to my website, on the left side it says, “Click PEMF now.” It will give you all the talks and webinars and take you to other PEMF websites where we will find you doctors who are interested in seeing new clients that want PEMF exercise as a part of their health program.

**Dr. Kondrot:** We’re coming to a close on Healthy Vision. Dr. Gordon, I want to thank you so much for taking time to educate me and my listening audience on this exciting technology. It’s new to me. I’ve been using my machine for about a week now. I think it’s phenomenal. I used it on a group of patients that attended my three-day program, and I think it increased the results.

You’re listening to Healthy Vision. This is your host, Dr. Edward Kondrot. Remember, next Sunday it’s going to be ask Dr. Kondrot a question. You can join me on Healthy Vision next Sunday and the entire show will be devoted to answering your question. You can ask me a question released to your eye disease and I will answer it.

This is the last week to register for the online homeopathic course. If you’d like more information, please call (800) 430-9328. This is your host, Dr. Edward Kondrot. Until next week, I’m wishing you good health and clear vision.