



United Way  
of Monroe County

**AGENCY APPLICATION**  
**2010-2011 Grant Process**

**SECTION 1**

Applying Partner Agency Catholic Social Services of Monroe County

Address (Main Office) 411 Main Street, Suite 102A, Stroudsburg, PA 18360

Phone (570) 476-6460 Fax (570) 476-6466

Executive Director (Chief Professional Officer) Sr. Vincentia Dorsey Program Manager

E-Mail Address vdorsey@cssstroudsburg.org Website cssdioceseofscranton.org

Agency Board President Marianne Chester Term of Service Four Years

Address 113 Park Avenue Stroudsburg, PA 18360

Phone (570)460-9599 Fax (889) 639-3958

E-Mail Address Mchester@menterpriseSolutions.com

Give a summary (25 word) description of the agency's mission (use SECA description if applicable)  
See Attachment

Complete Agency Financial Form (see attached template)

Submit all other documents requested (see attached list)

**SIGNATURES (Required with Application)**

I (signed below) certify that the information presented, both narratives and financials, are presented truthfully and to the best of the agency's abilities.

\_\_\_\_\_  
Executive Director or CEO

\_\_\_\_\_  
Board President

\_\_\_\_\_  
Board Treasurer

**APPLICATIONS ARE DUE: 4:30 p.m. FRIDAY FEBRUARY 12, 2010**

**REQUIRED AGENCY DOCUMENTS**

**2010-2011 Grant Process**

**The following materials are  
ONLY FOR AGENCIES THAT DID NOT PARTICIPATE IN SECA**

- 1) Provide a current listing of the Board of Directors with names, addresses, and phone numbers.
- 2) Provide a copy of your IRS Tax Determination Letter.
- 3) Provide a copy of your **current** certificate of registration from the Department of State, Bureau of Charitable Organizations.
- 4) Please provide a copy of your IRS 990 and a justification of administrative and fundraising expenses over 25% (if applicable). Your IRS 990 **must** cover the same fiscal period as your audit/financial statements.
- 5) Provide agency's **most recent** annual report.
- 6) Provide one agency or program promotional piece such as brochure, newsletter, flyer, etc.
- 7) Provide a copy of your **most recent** financial audit.

**THE FOLLOWING MATERIALS ARE REQUIRED BY ALL  
APPLYING AGENCIES**

- A. Give examples of how the organization identifies itself as a United Way partner agency. Please provide samples if applicable such as letterhead or brochure, etc.
- B. Provide some organizational structure showing various programs and lead volunteer/staff.
- C. Provide a schedule of Board meetings for the past year. Also, please have the past year's Board minutes available at the upcoming site visit.

**PLEASE SUBMIT APPLICATION & FINANCIAL MATERIALS  
ELECTRONICALLY TO [monica@unitedwaymonroe.org](mailto:monica@unitedwaymonroe.org)**

**APPLICATIONS ARE DUE: 4:30 p.m. FRIDAY FEBRUARY 12, 2010**

# **PROGRAM APPLICATION**

## **2010-2011 Grant Process**

### **SECTION 2**

(If you are seeking funding for more than one program, complete a separate program application for each)

Program Name Anger Management

Address (Program Location) 411 Main Street Suite 102A, Stroudsburg, PA 18360

Phone (570) 476-6460 Fax (570) 476-6466

Primary Contact for Program Sr. Vincentia Dorsey, Program Manager

E-Mail Address vdorsey@cssstroudsburg.org

Website cssdioceseseofscranton.org

Name the targeted community concern addressed through this program (i.e. youth delinquency)  
Effective management of anger and emotional issues to promote self-sufficiency

---

#### **Provide a brief written summary of the program seeking funding in 2010-11**

Since 1990, Catholic Social Services has conducted the Anger Management Program to meet societal and community needs for reducing anger, aggression and violence and developing more effective management of emotions. It is a six week educational group format curriculum.

#### **What is the target population(s)? Give supporting demographic need information and source.**

Target populations are individuals, who are primarily court ordered, or who may be on probation or parole, and also those referred by other agencies along with self referrals. Because the agency receives a steady stream of community based referrals, we believe this is indicative of the need for such a service within the community.

#### **Describe how the program improves the lives of the targeted population**

It is offered to adolescents, and adults alike, including men and women. We firmly believe that addressing these issues on an adolescent level decreases overall anger issues as an adult. The program curriculum provides numerous areas of learning and understanding about anger and its related issues. Through the curriculum, the individuals are able to learn their specific "trigger behaviors and thought processes" causing their own angry behavior so that they can better accept responsibility for their actions and overall emotions. Participants are taught more positive means of communication and understanding effective communication styles. When individuals learn that assertive behavior is more effective than aggressive behavior, the overall community is impacted in a positive manner.

Complete Program Outcome Worksheet (**attach using UWMC template**)  
Attached

Complete Program Financial Form (**attach using UWMC template**)  
Attached