

Pocono Mountains Chamber of Commerce  
Stroudsburg, PA

# IMPACT

## Executive Committee

Matthew Connell - Chairman of the Board  
John Casella - First Vice Chairman  
Bob Hay - Second Vice Chairman  
Denise Manhart - Treasurer  
Joseph McDonald - Secretary  
Jamie Keener - Assistant Secretary  
Eugene Leblond - Assistant Treasurer  
Bruce Denlinger - Past Chairman

## Staff

Robert Phillips - President/CEO  
Patricia Metzgar - Office Administrator  
Parviz Alasty - Vice President, Business Development/Government Affairs  
Miriam Conway - Executive Assistant  
Michelle Kemmerer - Director of Finance  
Val Vigliotti - Membership Director

## Board of Directors

Kristina Anzini	Andy Forte	Victoria Mavis	Frank Revitt
James Becker	Daisy Gallagher	Gregory Menio	Michael Riley
Paul Canevari	John Gerlach	Chuck Motson	Barbara Samet
Denise Cebular	Karen Goumakos	Kathleen Mullins	Isaac Sanders
Holly Corcoran	Donald S. Hannig	Charles Niclaus	Paul Schuchman
Larry Crimi	Gary Hazen	Jane Niering	Linda Seliger
Gene Dickison	Robert Hillman	Nancy V. Perretta	Jack Wallie
Robert Dillman	Donna Houser	Ann Pilcher	Gail Warner
Frank Epifano	Tim Kelly	William Prall	Bill Wells
Kim Filipkowski	Chris Kurtz	Lynn Price	Frank Wirth

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# IMPACT

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# IMPACT

June 2004 VOL. 33, NO. 6

## Membership Appreciation Celebrated

More than 200 Chamber members gathered at Great Bear Golf & Country Club in East Stroudsburg to celebrate the Pocono Mountains Chamber of Commerce's 6th Annual Membership Appreciation Party. The party provided guests with an opportunity to network with business associates as well as enjoy a wide array of delicious hot and cold hors d'oeuvres compliments of the Chamber and Great Bear Golf & Country Club. These types of events provide the perfect opportunity to obtain business referrals and are just one of the many benefits of Chamber membership.

### Membership benefits include:

- \*Advertising and promotional opportunities through the Chamber's weekly television and radio shows, "For Members Only" mailings, New Member Packets, and *Impact* newsletter;
- \*Health insurance through ChamberChoice;
- \*Legislative Voice, through the Chamber's Legislative Committee;
- \*Listing in our Membership Directory & Buyer's Guide;
- \*Small business development assistance through the Chamber's Small Business Development Committee, SCORE (Service Corps of Retired Executives), the Small



Chamber Members at the Annual Membership Appreciation Party

Business Development Center at the University of Scranton, and the Chamber's own Vice President, Business Development;  
\*Web site listing on [www.poconochamber.net](http://www.poconochamber.net).



Members also helped celebrate the 25th Anniversary of the Quality of Life Committee and enjoyed the informative display on the Committee's history.

## In This Issue

- From the Chairman .....Pg. 2
- New Member Breakfast.....Pg. 3
- Welcome New Members .....Pg. 5
- Membership Anniversaries .....Pg. 7

See page 4 for more  
on the 25th Anniversary of the  
Quality of Life Committee

Route To: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# From the Chairman of the Board



The Board of Directors participated in a retreat at its April meeting. Our time spent at the retreat was dedicated to discussing the role of a Board and its members. As a result of this meeting, we have established a committee of Board members that will evaluate our existing operations and bring forth a set of recommendations for future growth. The goal of this study is to move the Board, and ultimately the Chamber, to the next level. I would like to thank all of the Board members who participated, and especially commend Carol Sitroon of Casal Communications for her excellent work in facilitating the retreat. We will keep you updated as to the progress of this study.

The Chamber celebrates a significant milestone in June-our 25th Quality of Life Golf Tournament. We are fortunate to have a dedicated group of volunteers who have contributed their time and efforts to the program throughout its 25 year history. I look forward to celebrating many more of these milestones in the years to come for a significant number of our Chamber programs.

For my July Impact article, I plan on including a mid-year report overviewing where we are relative to our goals for this year. The Chamber is making noteworthy progress on a number of our goals, and I look forward to sharing this headway with you.

As always, please feel free to share your thoughts and perspectives on the Chamber with me. My phone number is 570-688-2466; e-mail address is [mconnell@northampton.edu](mailto:mconnell@northampton.edu). Enjoy the summer!

-Matthew Connell

June 2004 Calendar of Events	
June 1.....	Women in Business Steering Committee 12:00 noon – PMCC
June 2.....	New Member Breakfast 8:00 a.m. – PMCC
June 3.....	EXPO Committee 8:00 a.m. – PMCC
June 4.....	Legislative Committee 8:00 a.m. – PMCC
June 8.....	Leadership Pocono Steering Committee 8:00 a.m. – PMCC
	.....Women in Business Luncheon 12:00 noon – <i>Peppe's Ristorante</i>
	.....Culinary Committee 4:00 p.m. – PMCC
June 9.....	Economic Development Committee 8:00 a.m. – PMCC
June 10.....	Pocono Plateau Committee 8:00 a.m. – <i>Tobyhanna Township Building</i>
June 14.....	Education Committee 12:00 noon – <i>Monroe County CareerLink</i>
June 15.....	Small Business Development Committee 8:00 a.m. – PMCC
June 16.....	Business Card Exchange 5:00 p.m. – <i>Hotel Jonas</i>
	.....Executive Committee 12:00 noon – PMCC
	.....Leadership Pocono Graduation 5:00 p.m. – <i>Stroudsmoor Country Inn</i>
June 17.....	Membership Committee 8:30 a.m. – PMCC
June 18.....	Monthly Breakfast 7:30 a.m. – <i>Best Western Pocono Inn</i>
June 21.....	Quality of Life Committee 8:00 a.m. – <i>JR's Green Scene</i>
June 22.....	Board of Directors 11:00 a.m. – <i>Best Western Pocono Inn</i>
June 24.....	HR Committee 8:30 a.m. – PMCC
June 25.....	Environmental Committee 8:00 a.m. – PMCC
June 28.....	West End Committee 8:00 a.m. – <i>Western Pocono Community Library</i>

### Editor's Note:

Last month's *Impact* noted an incorrect Web address for a new Chamber member. The correct Web site for Borton-Lawson is [www.borton-lawson.com](http://www.borton-lawson.com). We regret the error.

# Members in the News

**Bankers First Mortgage Inc.** has been named one of the top three mortgage companies in the country for the second consecutive year. George Hanzimanolis, president of Bankers First Mortgage in Pennsylvania, has been nominated as a finalist for "Mortgage Broker of the Year," which will be awarded at an industry convention this month.

**Mollie's** Commissary donated ten percent of all sales from its Mother's Day gift certificates to the Calling All Angels food pantry.

Lee Leonard, service manager at **OFFICE DIRECT** located in East Stroudsburg, recently completed courses at The Sharp Academy. While there, he learned about current technology in high-speed fax machines and Sharp digital photocopiers. Leonard is also certified by Konica-Minolta and Hewlett-Packard to maintain and repair their equipment.

**Pocmont Resort and Conference Center's** Sugar Mountain Pizza Grille will be a defining element in the lobby's new 'urban-feel' design. Unique pizzas served there include Taste of Thai, Mexican Ole, Jammin' Jamaica and their signature, Sugar Mountain BBQ Chicken pizza.

**Pocono Manor Golf Resort and Spa's** newest amenity is a new lodge with a 2.5 mile private fly fishing stream and a 20-station sporting clay course. Renovations to the Inn at Pocono Manor include new lobby furniture, carpeting, and elevators.

Staff from **Pocono Mountains Industries** attended the 2004 Pennsylvania Economic Development Association Spring Conference in March. Sessions at this conference focused on programs and strategies intended to help Pennsylvania's economic development professionals position their communities for economic growth.

**Happenings Magazine**, a monthly lifestyle magazine covering ten counties is celebrating their 35th Anniversary in June. Congratulations!

Integrated Marketing of Laurys Station and Stroudsburg has merged with Christy O'Connor to form **Giannini O'Connor LLC**. The new firm is a full service marketing and advertising agency specializing in creating eye-catching marketing programs.

**The Crossings Factory Stores** continues to upgrade its image under the ownership of the Chelsea Property Group, Inc. On Memorial Day Weekend, the outlet center will officially change its name to The

Crossings Premium Outlets. Among other recent improvements are a face-lift, signage updates, an upgraded food court, online gift certificates and a new Information Center. The Crossings newly launched Web site is: [www.premiumoutlets.com/thecrossings](http://www.premiumoutlets.com/thecrossings).

**Werry's Cottages, Motel & Pub** conducted a book drive in May to benefit patients in local retirement and life-care homes. The book drive is part of Werry's continuing community service efforts.



Lee Leonard,  
OFFICE DIRECT



Congratulations to  
Bushkill Falls on  
their 100th  
Anniversary!



George Hanzimanolis,  
Bankers First Mortgage

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## Meet the Directors

Nancy Perretta, an active Board member for more than 15 years, began with the Chamber as a way to acclimate herself to her new hometown. Nancy participated in the first Business Card Exchange committee as well as a number of other committees including the steering committee for the Executive Women's Council (now known as Women in Business), the annual banquet, balloon festival, culinary, and ethics committees, as well as founding the Pocono Raceway Ambassadors committee and hosting the Chamber's TV show. "One of the best



Nancy V. Perretta

benefits you get from the Chamber is the relationship you develop from working on committees and on the Board. Often the people you work with become the ones you socialize with and become your best friends," says Nancy, with a warm smile. Issues of particular interest to her include the Marshalls Creek Bypass and the potential closure of Tobyhanna Army Depot. Nancy recalls to a time when most girls either became teachers or nurses. She considers herself to be 'one of the lucky ones.' She worked for a local newspaper, eventually becoming women's page editor while still in high school. This love of journalism flourished into an impressive career in the field. Nancy holds a BA in English/Journalism from Keuka College, and an MS in Secondary Education from the State University of New York at Oneonta. She worked in newspaper and radio, as well as teaching for 13 years, and most recently, working in the insurance business. She is currently working on publishing a book of her late husband's columns.

## Seminars Scheduled for August

The Chamber's August schedule of business start-up and marketing seminars are as follows: How to Start & Manage Your Own Business will be held on Wednesday, August 11 from 5:30-9:30 p.m. and the Marketing Workshop will be held on August 18 from 5:30-9:30 p.m. Both seminars will be held at the Tobyhanna Township Building. For more information, please contact Miriam Conway at (570) 421-4433.

## Board of Directors Attend Planning Retreat

In April, the Chamber's Board of Directors attended an executive retreat at the Clarion Hotel in Stroudsburg to discuss the Board's needs, goals, vision, and mission for the future. Through teambuilding exercises the Board was able to develop some promising ideas. The session was facilitated by Carol Sitroon of Casal Communications.



## Ribbon Cuttings Career Development & Employment

Vicki Hicks and staff celebrated the relocation of Career Development & Employment to Phillips Street in Stroudsburg with a ribbon cutting ceremony. The business



now offers training in massage therapy, medical transcription, insurance billing, CDL, computer application software, and IT.

## Dominick A. Lockwood Business Center

Kathleen Lockwood held a ribbon cutting ceremony for the Dominick A. Lockwood Business Center on Main Street in Stroudsburg. The building houses the offices of Sen. Lisa Boscola, Pocono Insider and Buchart-Horn, among others.



## Smith, Ford and Associates

Diane Smith and staff hosted a ribbon cutting ceremony for Smith, Ford and Associates of Stroudsburg. The firm represents businesses by litigating cases such as shareholder disputes, employee claims, and trade secrets. They also help clients implement preventative measures to protect their businesses from claims of this nature.



## Chestnuthill Bed & Breakfast

Built in 1860 by German settlers, Chestnuthill Bed & Breakfast was purchased in January by Debbie and Terry Connelly. The Connellys held a ribbon cutting to officially announce the opening of their beautifully decorated inn. Located in Brodheadsville, the inn affords guests secluded comfort and well-appointed, unique guest rooms. It is fast becoming a favorite spot for vacationers.



## Right Reason Technology

Thomas and Peter Schmitt and staff held a ribbon cutting ceremony for Right Reason Technology in East Stroudsburg. Right Reason Technology is a Web-based, training solution company that provides training in sexual harassment prevention and OSHA.



## New Member Breakfast

Representatives from several of our new member's businesses attended the New Member Breakfast on May 5 at the Pocono Mountains Chamber of Commerce offices.

Membership Director, Val Vigliotti was on hand to welcome the new members and give a brief presentation about the Chamber and the benefits of membership.

The New Member Breakfast is open to non-members as well as new members. We encourage those businesses who have not yet become involved with the Chamber to come to a New Member Breakfast and learn more about what the Chamber can do for your business. For more information call Val Vigliotti at 421-4433.



### Choice Quality Care

Andrea Messado. Located in Stroudsburg, Choice Quality Care is an assisted living facility that provides seniors or other adults who cannot function independently, with services based their individual's needs. Phone: (570) 424-3337.

### Coaching for Life, Inc.

David Wrobel. Coaching for Life specializes in helping business owners increase profits by increasing employee productivity. The company is located in Clarks Summit. Phone: (570) 586-7771. Fax: (570) 586-8537.

### Digital Zone

Ezio Pavone. Based in Stroudsburg, this company offers Web technologies, Web site development, Web marketing, and computer services. Phone: (610) 745-2462. Fax: (570) 422-6752.

### Extreme Transformations

Joseph H. Sander, Sr. Based in Albrightsville, Extreme Transformations provides landscaping and contracting services. Phone: (570) 643-1329. Fax: (570) 646-4404.

### First Insurance Center Inc.

Matt Alferio. First Insurance, located in Wilkes-Barre, provides insurance and bonding services for businesses and individuals including Workers Compensation, General Liability, 401(K) plans, and more. Phone: (570) 825-6891. Fax: (570) 825-9965.

### Griswold Special Care

Vivian Vance. Located in Mt. Pocono, Griswold Special Care is a non-medical home care company that provides personal care, light housekeeping, companionship, errands, and transportation. Phone: (570) 424-7678. Fax: (570) 424-7679.

### The Jenny Rose Specialized Therapy Center, LLC

Elaine Parker. This East Stroudsburg facility primarily servicing children with special needs, offers specialized therapies including hyperbaric oxygen therapy and conductive education. Phone: (570) 421-3415.

### Judy's Cleaning Service

Walter Fortune. This Mt. Pocono business offers janitorial and cleaning services for commercial and residential properties. Phone: (570) 894-4418. Fax: (570) 894-4845.

### Mt. Pocono Dialysis - DaVita

Rita Marie McCord. Based in Tobyhanna, this company provides dialysis treatments to patients with chronic renal failure as well as educational programs for individuals with chronic kidney disease. Phone: (570) 839-0900. Fax: (570) 839-1065.

### Pocono Lively Arts, Inc.

Jeff Gilbert. PLA is a community performing arts organization providing theatre workshops, musical productions, dinner theatre, and a young artist performing venue. It is located in Stroudsburg. Phone: (570) 421-4889. Fax: (570) 476-5490.

### Ridley Medical Claims and Billing

Tianesia Ridley. This Swiftwater-based company bills insurance carriers for physicians' services as well as offering secondary billing and collection strategies. Phone: (570) 656-3254.

### Tannersville Physical Therapy & Massage

Georgine Peffley. Located in Tannersville, this company provides physical therapy and massage therapy. Phone: (570) 629-4921. Fax: (570) 629-9221.

### Tupperware

Joann Manka. Based in Cresco, this business provides Tupperware products to consumers via home parties, phone orders, and online. Phone: (570) 595-3404.

## Leadership Pocono Graduation This Month

The Leadership Pocono Class of 2004 will hold its graduation on Wednesday, June 16 at Stroudsmoor Country Inn. The guest speaker will be alumnus of Leadership Wilkes-Barre, Lisa Baker, current Executive Director of Blue Cross of Northeastern Pennsylvania. Leadership Pocono provides training in leadership skills and community issues.

Applications for the Class of 2005 are now available. Please contact the Chamber at 570-421-4433 or visit LeadershipPocono.com.

## Restaurant of the Month Christine's Roadhouse

Christine's Roadhouse, originally opened in 1975, has recently undergone total renovation. The airy feel and colorful hues of the restaurant, renovated with an "Old World" flair create the perfect ambiance. Located on Route 715 South in Reeders, Christine's Roadhouse proudly welcomes a new chef and an updated menu. You will find everything from pot pies and beef fajitas to sandwiches with a salad or full-course meals on this eclectic menu. The restaurant boasts a full bar with bar specials starting at just \$7.95. Christine's Roadhouse is open seven days a week and begins serving at 3:00 p.m. each day. Take-out is also available. For more information call (570) 629-1210.



## Adopt-A-Highway Effort Cleans Up

The Chamber's Environmental Committee hosted two Adopt-A-Highway clean up days in late April. Over the course of the two days, sixteen volunteers graciously donated their time to clean up and beautify I-80 at Delaware Water Gap and the surrounding area. At least 32 bags of garbage were collected. The Environmental Committee will host another Adopt-A-Highway clean-up in July of this year.



Bob Marinellie from Rep. Kelly Lewis' office was among the volunteers participating in the clean-up.

## From the President

Many business owners are aware of the increasing costs associated with operating their businesses. The cost of health insurance alone, for both employees and employers, has seen a rapid increase over the past several years. This increase has caused many small business owners great concern; they fear that they may not be able to continue extending this much-desired benefit to their employees. Health insurance benefits are considered by many employees to be a prime reason for staying with a company, thus adding to employer's concerns about cutting these types of benefits.



A few years ago, the Chamber proudly became affiliated with ChamberChoice. This organization is the administrator for our Blue Cross/Blue Shield membership health insurance program. Many of our members have taken advantage of this program. I have received a great deal of positive feedback from these members on how much money they save with the ChamberChoice program. I am confident that the Chamber made a wise decision to become a part of the ChamberChoice network; this prime benefit has proven to be very enticing in increasing and retaining our membership.

If you have received your new community rates for health insurance during the past couple of months, I am sure you were surprised at how much the premiums have increased. I would suggest that you request a quote from ChamberChoice for Blue Cross coverage. The plan presently available is for businesses with two to fifty employees, however, we have been informed that other plans may become available in the near future. If you have any questions, please call us at the Chamber.

-Robert Phillips, IOM

## Quality of Life Committee Celebrates 25 Year Anniversary

The Quality of Life Committee celebrated its twenty-five years in existence at the Annual Membership Appreciation Party. This committee has been instrumental in the community, touting achievements including shopping outings for seniors, holiday parties for disadvantaged children, a children's picnic, and the annual Quality of Life Golf Tournament, among other events.

This photo, pulled from our *Impact* newsletter in 1980 shows some of the original members of the Quality of Life Committee that are still involved today.



Second from right is Paul Lieberman, who is still active in the committee, and Paul Schuchman (far right), current committee chair.

## Fraser Advanced Information Systems Hosts April Breakfast

Fraser Advanced Information Systems hosted the Monthly Breakfast in April at the Chateau Resort & Conference Center. Speaker Christopher Schmidt reported that the company has led the way in office automation and document management solutions for more than thirty years. They offer products including HP, Sharp, Canon, and Muratec, and are a Microsoft Certified Partner.

The special program was presented by Pocono Lutheran Village, an assisted living facility in East Stroudsburg. Ken Motichka spoke about the services available at the facility. There are eighty apartments in the Village which all have access to a 24-hour nursing staff, meals, housekeeping, medication services, transportation to doctor appointments, and an in-house beauty salon.

The June breakfast, scheduled for 7:30 a.m. on June 18, will be held at the Best Western Pocono Inn and hosted by Fitzmaurice Community Services. The special program will be provided by Developmental Educational Services.

For more information or to make a reservation, see the flyer in this issue of *Impact*.



Fraser staff including David Lempke (second from left), Christopher Schmidt, and Jim Albert, stand with Chamber President/CEO Robert Phillips (far left).



At left is Ken Motichka from Pocono Lutheran Village, standing with Susan Nichols of Shawnee Academy and Chamber President/CEO Robert Phillips (right).

## Rep. Scavello Presents Check



Rep. Mario Scavello (R-176), at left, presents Chamber President/CEO Robert Phillips with a check for \$10,000 for the Chamber's Small Business Development Office.

## Women in Business Luncheon

The monthly Women in Business luncheon was held at Peppe's Ristorante in East Stroudsburg on May 11, 2004. Dr. Yelena Kipervas of Comprehensive Family Practice discussed Microdermabrasion. If you are interested in receiving more information, contact Dr. Kipervas at 570-619-0080.

The June Women in Business Luncheon will also be held at Peppe's Ristorante on June 8 at noon. June's special presentation will be given by Michelle Bisbing of Leadership Pocono. For more information on this event please call Miriam Conway at 570- 421-4433 or see the flyer in this issue of *Impact*.



Dr. Yelena Kipervas of Comprehensive Family Practice (at right) poses with Women in Business Committee Chair Michelle Bisbing.

## Membership Anniversaries 25 Years

Hannan Communications  
Howard Johnson  
Pocono Builders Association  
Stroud Mall

## 20 Years

A D Computer Corporation  
Shawnee River Adventures

## 15 Years

Pocono Mountain School District  
Robert's Home Improvements

## 10 Years

Corporate Health Connection  
Monroe County Bar Association  
David Pierce, DDS, FAGD  
Reilly Associates

## 5 Years

McDonald's Restaurant  
Penn Fuel Propane/PPL Gas Utilities  
Pennsylvanians for Human Life - Pocono Chapter  
Shawnee General Stores, Inc.  
Shawnee Institute Ltd.  
Michael E. Wilhelm, General Contracting

**Congratulations!**

# Welcome New Members

The following new members are not listed in the 2004 Membership Directory & Buyer's Guide. Please be sure to add this page to your copy of the Directory.

Aidan's Hardwood Floors, LLC  
Aidan Clarke  
620 Wigwam Park Road  
East Stroudsburg, PA 18301  
570-424-1115  
570-421-8864  
FLOORING

Aramark  
Neal Seigler  
Aramark/East Stroudsburg University  
Dansbury Commons; Normal & Green St.  
East Stroudsburg, PA 18301  
570-422-3200  
570-422-3765  
nseigler@po-box.esu.edu  
FOOD SERVICES

Coaching for Life, Inc.  
Dave Wrobel  
276 E. Grove Street  
Clarks Summit, PA 18411  
570-586-7771  
570-586-8537  
dwrobel@wehelpyouachieve.com  
www.wehelpyouachieve.com  
CONSULTANTS - CAREER / LIFE  
MANAGEMENT

Digital Zone 1  
Ezio Pavone  
1945 Arlington Avenue  
Stroudsburg, PA 18360  
610-745-2462  
570-422-6752  
sales@digitalzone1.com  
www.digitalzone1.com  
WEB SITES - GRAPHIC DESIGN

Extreme Transformations, Inc.  
Joseph H. Sander, Sr.  
1448 Indian Mountain Lakes  
Albrightsville  
Albrightsville, PA 18210  
570-643-1329  
570-646-4404  
joe@extremetransformations.com  
www.extremetransformations.com  
LANDSCAPING

Forms Plus  
Theresa Durkin  
101 Poplar Street  
Scranton, PA 18509  
570-342-0737  
570-343-6361  
theresa.durkin@formsplusgroup.com  
www.formsplusgroup.com  
OFFICE EQUIPMENT - SUPPLIES

G's International Services, Inc.  
Gilma Sierra  
Pocono's Peddlers Village  
Unit 18B, Box 2354  
Tannersville, PA 18360  
570-620-1458  
570-620-0480  
gilma70@aol.com  
INTERNATIONAL SERVICES

Illusions Night Club & Restaurant  
Jorge Blondett  
P.O. Box 598  
Reeders, PA 18352  
570-688-9902  
illusionspa@aol.com  
www.illusions-nightclub.com  
RESTAURANTS

J.W. Building Maintenance, Inc.  
Walter & Judy Fortune  
P.O. Box 192  
Mt. Pocono, PA 18344  
570-894-4418  
570-894-4845  
MAINTENANCE - GENERAL

JC Owens Central Air Conditioning Service  
James Curtis Owens Jr.  
P.O. Box 321  
Bushkill, PA 18324  
570-588-1020  
570-588-1020  
jc357@ptd.net  
CONTRACTORS - HEATING & AIR  
CONDITIONING

Mt. Pocono Dialysis - DaVita  
Rita McCord, RN  
Mountain Healthcare Center  
100 Community Drive, Suite 106  
Tobyhanna, PA 18466  
570-839-0900  
570-839-1065  
rmccord@davita.com  
MEDICAL - HEALTH CARE

Northeastern Financial Consultants  
Lynn Evans  
301 West Grove Street  
Clarks Summit, PA 18411  
570-586-1064  
570-586-2482  
ise@nefci.com  
www.nefci.com  
FINANCIAL SERVICES

Northwestern Human Services  
Cathleen Murphy  
912 Main Street  
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570-424-7455  
cmurphy@nhsonline.org  
www.nhsonline.org  
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570-895-4234  
570-895-4234  
MEDICAL BILLING

Sam Sneads Tavern  
Tim Murphy  
P.O. Box 432  
Shawnee on the Delaware, PA 18356  
570-424-0990  
tim.murphy@samsneads-pa.com  
www.samsneads-pa.com  
RESTAURANTS - TAVERNS

Slender Lady of Mt. Pocono  
Kellie Sanchez  
180 Sterling Road  
Mt. Pocono, PA 18344  
570-895-4949  
570-895-4850  
slenderk@voicenet.com  
www.slenderlady.com  
HEALTH - FITNESS

Swift Home Solutions, LLC  
Anne Marie Butler-Clarke  
701 Ann Street #461  
Stroudsburg, PA 18360  
570-977-7000  
570-421-8864  
ambc@ptd.net  
REAL ESTATE - INVESTMENTS

Tannersville Physical Therapy & Massage  
Georgine Peffley  
HC1 Box 2014  
Tannersville, PA 18372  
570-629-4921  
570-629-9221  
pjdinc@enter.net  
www.tannersvillept.com  
MASSAGE THERAPY

The Jenny Rose Specialized Therapy  
Center, LLC  
Elaine Parker  
296 East Brown Street  
Suite B  
East Stroudsburg, PA 18301  
570-421-3415  
570-421-9873  
support@thejennyrosecenter.com  
www.thejennyrosecenter.com  
THERAPY - SPECIAL NEEDS

Tupperware  
Joann Manka  
21 Snow Hill Falls  
Cresco, PA 18326  
570-595-3404  
joannmanka@mytupperware.com  
www.my.tupperware.com/joannmanka  
HOME PARTIES

Wings for Humanity  
Charles Stenlake  
P.O. Box 267  
Tannersville, PA 18372  
570-629-5066  
570-629-1414  
wings4humanity@starband  
www.wings4humanity.com  
NON - PROFIT ORGANIZATIONS

YvesLaMarreJr.com, Inc.  
Yves LaMarre  
62 Lake Lane  
East Stroudsburg, PA 18301  
570-977-4251 / 866-812-0656  
484-229-1188  
ylamarjr@ptd.net  
www.yveslamarrej.com  
MORTGAGES

Karen Ostyn  
PO Box 237  
Kresgeville, PA 18333  
610-681-7950  
610-681-7950  
teddi\_57@yahoo.com  
INDIVIDUALS